

## MEALS FOR THE CURRENT WEEK OF JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7	8	9
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Snack: Assorted Snack  Eggs Benedict w/ Hollandaise Sauce, Grilled Ham & Fruit Slices  OR  BLTC Sandwich w/ Soup	Soup: Snack: Date Square  Smoked Turkey Club Sub w/ Lettuce, Tomato, Cheese, Turkey & Bacon  OR  Hot Roast Beef Sandwich w/ Gravy & Soup	Soup: Snack: Date Square  Smoked Turkey Club w/ Lettuce, Tomato, Cheese, Turkey & Bacon  OR  Wieners & Beans w/ Cheese Puff	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Your Choice of Bread  OR  Chef's Salad w/ Rolled Turkey, Cubed Cheese, Boiled Egg & Bacon Bits	Soup: Snack: Lemon Poppy Seed Muffin  Grilled Ham & Swiss  OR  Chicken Fingers w/ Sweet Potato Fries OR Tossed Salad	Soup: Snack: Lemon Poppy Seed Muffin  Grilled Ham & Swiss  OR  Tuna Salad on a Kaiser Bun w/ Cream Cheese, Cucumber & Tomato w/ Soup	Soup: Snack: Assorted Snack  Wally Cheeseburger w/ Fries OR Tossed Salad  OR  Waffles w/ Fruit Sauce, Grilled Ham & Fruit Slices
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Turkey Schnitzel w/ Gravy, Mashed Potatoes, Peas & Corn  OR  Penne Shrimp & Chicken Alfredo w/ Caesar Salad & Garlic Toast  Dessert: Lemon Meringue Pie	Baked Ham w/ Apple Sauce, Boiled Potatoes w/ Butter, Braised Red Cabbage & Broccoli  OR  Roasted Chicken Legs, Boiled Potatoes w/ Butter, Braised Red Cabbage & Broccoli  Dessert: Bread Pudding w/ Caramel Sauce	Kung Pao Shrimp, Fried Rice, Steamed Vegetables & Vegetable Spring Roll  OR  Salisbury Steak, Roasted Potatoes & Steamed Vegetables  Dessert: Assorted Dessert	Chicken Cordon Bleu w/ Mashed Potatoes, Cauliflower & Beets  Dessert: German Chocolate Cake	Potato & Cheddar Perogies w/ Bacon Bits, Fried Onions, Grilled Kielbasa, Carrots & Brussels Sprouts  OR  Roasted Pork Loin, Baby Potatoes, Carrots & Brussels Sprouts  Dessert: Peach Crisp w/ Ice Cream	Pan Fried Pickerel, Lemon Potatoes & Oil & Vinegar Coleslaw  OR  Shepherd's Pie w/ Bistro Mix & Sour Dough Bread  Dessert: Rice Pudding	Grilled Chicken Parmesan, Mashed Potatoes, Sautéed Zucchini & Peppers  Dessert: Frozen Yogurt Bar

## MEALS FOR THE CURRENT WEEK OF JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10	11	12	13	14	15	16
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Snack: Assorted Snack	Soup: Snack: Mini Fruit Tart	Soup: Snack: Mini Fruit Tart	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Your Choice of Bread  OR  Chicken Caesar Wrap w/ Tossed Salad	Soup: Snack: Chocolate Chip Cookie  Toasted Denver Sandwich w/ Egg, Ham, Cheese & Green Onion  OR  Stuffed Pita Bread w/ Tex Mex Chicken & Yogurt Sauce w/ Soup	Soup: Snack: Chocolate Chip Cookie  Denver Sandwich w/ Egg, Ham, Green Onion & Cheese  OR  Salmon Salad on a Kaiser Bun w/ Cucumbers & Cream Cheese	Soup: Snack: Assorted Snack  Pancakes w/ Fruit Sauce, Turkey Sausages & Fruit Slices  OR  BLTC Sandwich w/ Soup
Oatmeal w/ Peaches & Brown Sugar, Cheese Stick, Yogurt & Fruit Salad  OR  Ham & Pineapple Pizza w/ Soup	Grilled Turkey & Provolone w/ Basil Pesto on Marble Rye  OR  Ham & Swiss on a Kaiser Bun w/ Soup	Grilled Turkey & Provolone w/ Basil Pesto on Marble Rye  OR  Meat Tortiere w/ Gravy & Tossed Salad				
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Beef w/ Mini Yorkshire Pudding, Gravy, Baked Potato w/ Sour Cream & PEI Mix  Dessert: Apple Pie w/ Ice Cream	Pork Chops w/ Apple Sauce, Boiled Potatoes w/ Butter, Carrots & Corn  OR  Chicken Adobo w/ Potatoes & Carrots & Jasmine Rice  Dessert: Carrot Cake w/ Cream Cheese Icing	Chicken Kabob w/ Tzatziki Sauce, Lemon Potatoes, Sauteed Zucchini & Peppers  OR  Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast  Dessert: Assorted Dessert	BBQ Ribs w/ Macaroni & Cheese & Corn on the Cob  Dessert: Rum and Raisin Ice Cream Parfait	Cottage Cheese Perogies w/ Grilled Farmers Sausage, Cream Sauce & Broccoli Salad  OR  Butter Chicken w/ Basmati Rice & Peas & Grilled Naan Bread  Dessert: Coconut Cream Pie	Pan Fried Pickerel, Mashed Potatoes & Romanesco Mix  OR  Beef Lasagna w/ Romanesco Mix & Garlic Toast  Dessert: Rice Pudding	BBQ OR Teriyaki Chicken Breast, Roasted Potatoes & Steamed Vegetables  Dessert: Kit Kat Ice Cream Bar