

MEALS FOR THE CURRENT WEEK OF JULY 31 - AUGUST 6

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack Eggs Benedict w/ Country Ham, Hollandaise Sauce & Fruit Slices OR Cold Cut Plate w/ Potato Salad, Coleslaw and Garlic Bread Stick	Soup: Snack: Peanut Butter Marshmallow Square Grilled Chicken & Avocado Sandwich OR Chef's Salad w/ Boiled Egg, Cubed Cheese, Rolled Ham & a Tea Biscuit	Soup: Snack: Peanut Butter Marshmallow Square Grilled Chicken & Avocado OR Hotdog w/ Sauerkraut & Potato Chips	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Your Choice of Bread OR Taco Salad w/ Seasoned Ground Beef, Lettuce, Tomato, Salsa, Sour Cream & Cheese	Soup: Snack: Chocolate Chip Zucchini Loaf Texas Smoked Beef Brisket on a Kaiser Bun OR Chicken Fingers w/ Caesar Salad	Soup: Snack: Chocolate Chip Zucchini Loaf Texas Smoked Beef Brisket on a Kaiser Bun OR Tuna Melt on French Bread	Soup: Snack: Assorted Snacks Waffles w/ Fruit Sauce, Turkey Sausages & Sliced Fruit OR BLTC Sandwich
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Turkey w/ Gravy, Mashed Potatoes, Broccoli & Corn on the Cob Dessert: Pumpkin Pie w/ Whipped Cream	Pickerel Fish & Chips OR Tossed Salad OR Grilled Farmers Sausage, Boiled Potatoes w/ Butter, Braised Red Cabbage & Peas Dessert: Bread Pudding w/ Caramel Sauce	Grilled Chicken Thighs w/ Mushroom Cream Sauce, Mashed Potatoes & Bistro Mix OR Salisbury Steak w/ Onion Gravy, Mashed Potatoes & Bistro Mix Assorted Desserts	Turkey Schnitzel w/ Gravy, Roasted Potatoes, Braised Red Cabbage & Cauliflower OR Shrimp Penne Alfredo w/ Caesar Salad & Garlic Toast Dessert: Mango Pudding	Teriyaki Pork Skewers w/ Rice Pilaf, Sautéed Zucchini & Peppers OR Potato & Cheddar Perogies w/ Fried Onions, Grilled Kielbasa, Sautéed Zucchini & Peppers Dessert: Lemon Cream Cake	Baked Salmon w/ Dill, Baby Potatoes, Green Bean Almandine & Beets OR Mild Coconut Chicken Curry w/ Basmati Rice & Peas & Grilled Naan Bread Dessert: Rice Pudding	1/4 Roasted Chicken w/ Gravy, Mashed Potatoes & Vegetable Medley Dessert: Ice Cream Sandwich

MEALS FOR THE CURRENT WEEK OF AUGUST 7-13

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack Smoked Salmon on an Everything Bagel w/ Cream Cheese OR Cobb Salad w/ Grilled Chicken, Apples, Bacon, Cheese & Garlic Toast	Soup: Snack: Morning Glory Muffin Grilled Cheese w/ Asparagus & Tomatoes OR Quiche w/ Onions, Peppers & Bacon	Soup: Snack: Morning Glory Muffin Grilled Cheese w/ Asparagus & Tomatoes OR Pulled BBQ Turkey on a Bun	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Your Choice of Bread OR Chef's Salad w/ Boiled Egg, Scoop of Tuna, Cubed Cheese & Tea Biscuit	Soup: Snack: Date Square Reuben Sandwich w/ Corned Beef, 1000 Island Dressing, Sauerkraut & Swiss Cheese on Marble Rye OR Honey Garlic Chicken Wings w/ Tossed Salad	Soup: Snack: Date Square Reuben Sandwich w/ Corned Beef, 1000 Island Dressing, Sauerkraut & Swiss Cheese on Marble Rye OR Salmon Salad on a Kaiser Bun	Soup: Snack: Assorted Snack Peach Pancakes w/ Fruit Sauce, Turkey Sausages & Sliced Fruit OR BLTC Sandwich
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cold Cut Plate w/ Ham, Turkey, Cheese, Potato Salad, Sliced Pickles & a Bun OR Beef Lasagna, Caesar Salad & Garlic Toast Dessert: Lemon Meringue Pie	Chicken Stir Fry, Vegetable Chow Mein & Vegetable Spring Roll OR Shepherd's Pie w/ Tossed Salad Dessert: Vanilla Pudding w/ Cookie Crumble	Shrimp Kabobs w/ Lemon Potatoes & Broccoli Salad OR Chicken Penne Alfredo w/ Caesar Salad & Garlic Toast Dessert: Assorted Dessert	BBQ Ribs w/ Baked Potato w/ Sour Cream, Braised Red Cabbage & Corn on the Cob Dessert: Chocolate Cream Pie	Cottage Cheese Perogies w/ Fried Onions, Cream Sauce, Grilled Farmers Sausage & Romanesco Mix OR Mild Coconut Chicken Curry w/ Basmati Rice & Peas & Grilled Naan Dessert: Pear Crisp w/ Ice Cream	Pan Fried Pickerel, Boiled Potatoes w/ Butter & Oil & Vinegar Coleslaw OR Roasted Pork Tenderloin, Boiled Potatoes w/ Butter, Sautéed Zucchini & Peppers Dessert: Tapioca Pudding	Roast Beef w/ Mashed Potatoes, Gravy, Mini Yorkshire Pudding, Peas & Carrots Dessert: Kit Kat Ice Cream Bar