

MEALS FOR THE CURRENT WEEK OF AUGUST 14-20

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Assorted Snack Grilled Chicken Burger w/ Cheese, Lettuce & Tomato w/ Sweet Potato Fries OR Tossed Salad Oatmeal w/ Brown Sugar & Peaches, Fruit Salad, Yogurt & Toast of Your Choice	Soup: Snack: Raisin Bran Muffin Denver Sandwich w/ Egg, Ham, Cheese & Green Onion Winnipeg Old Country Hot Dog w/ Fried Onions & Potato Chips	Soup: Snack: Raisin Bran Muffin Denver Sandwich w/ Ham, Egg, Cheese & Green Onion Chicken Wellington w/ Cream Sauce & Soup	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Your Choice of Bread Waffles w/ Fruit Sauce, Bacon OR Sausage & Fruit Salad	Soup: Snack: Chocolate Chip Cookie Grilled Turkey & Havarti Sandwich Chopped Ham & Relish Sandwich	Soup: Snack: Chocolate Chip Cookie Grilled Turkey & Havarti Sandwich Smoked Salmon & Dill Quiche w/ Greek Salad	Soup: Assorted Snacks Toasted Cinnamon Bun w/ Cheese Sticks, Fruit Slices & Yogurt Pepperoni & Mushroom OR Vegetarian Pizza w/ Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Ham w/ Apple Sauce, Scalloped Potatoes & Romanesco Mix Sweet & Sour Chicken Balls, Fried Rice, Romanesco Mix & Vegetable Spring Roll Pecan Pie w/ Whipped Cream	Grilled Pork Chop w/ Mushroom Cream Sauce, Mashed Potatoes, Brussels Sprouts & Carrots Haddock Fish & Chips w/ Broccoli Salad Chocolate Pudding w/ Whipped Cream	Turkey Schnitzel w/ Gravy, Boiled Potatoes w/ Butter & Dill, Braised Red Cabbage & Peas Vegetarian Manicotti w/ Tossed Salad & Focaccia Bread Assorted Desserts	Pot Roast w/ Gravy, Mashed Potatoes, Corn on the Cob & Carrots Rum & Raisin Ice Cream Parfait	Potato & Cheddar Perogies w/ Fried Onions, Bacon Bits, Kielbasa & Vegetable Medley Pork Loin Stuffed w/ Apricot & Prunes w/ Apple Gravy, Mashed Potatoes & Vegetable Medley Bread Pudding w/ Vanilla Ice Cream	Pan Fried Pickerel, Mashed Potatoes & Oil & Vinegar Coleslaw Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast Carrot Cake w/ Cream Cheese Icing	Roasted 1/4 Chicken w/ Mashed Potatoes, Honey Glazed Carrots & Corn on the Cob Dessert: Ice Cream Sandwich

MEALS FOR THE CURRENT WEEK OF AUGUST 21-27

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Assorted Snacks Eggs Benedict w/ Hollandaise Sauce, Country Ham & Fruit Slices Chicken Quesadillas w/ Salsa & Sour Cream w/ Soup	Soup: Snack: Mini Fruit Tarts Southwest Chicken Salad Sandwich BLTC (Bacon, Lettuce, Tomato & Cheese) Sandwich	Soup: Snack: Mini Fruit Tarts Southwest Chicken Salad Sandwich Salmon Salad on a Kaiser Bun w/ Cream Cheese & Cucumbers	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Your Choice of Bread Cold Cut Plate w/ Ham, Turkey, Potato Salad & Fruity Carrot Salad	Soup: Snack: Date Square Grilled Cheese w/ Asparagus Sandwich Cottage Cheese Perogies w/ Cream Sauce, Grilled Farmers Sausage & Fried Onions w/ Soup	Soup: Snack: Date Square Grilled Cheese w/ Asparagus Sandwich Wally Cheeseburger w/ Onion Rings OR Tossed Salad	Soup: Assorted Snacks Chicken Fingers w/ French Fries OR Tossed Salad Ham & Pineapple OR Vegetarian Pizza w/ Soup
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BBQ Ribs w/ Baked Potato w/ Sour Cream, Peas & Cauliflower Dessert: Tiramisu	Swedish Meatballs w/ Rice Pilaf, Green Beans & Carrots Shrimp Kabobs w/ Rice Pilaf, Green Beans & Carrots Dessert: Raspberry Chocolate Mousse	Roasted Chicken Legs w/ Boiled Potatoes w/ Butter & Dill & Creamy Coleslaw Meatloaf w/ Ketchup Sauce, Boiled Potatoes w/ Butter & Dill & Creamy Coleslaw Assorted Desserts	Honey Garlic OR Apricot Glazed Chicken Breast w/ Baby Potatoes, Broccoli & Corn on the Cob Rum & Raisin Ice Cream Parfait	Chicken Penne Alfredo w/ Focaccia Bread & Caesar Salad Salisbury Steak w/ Onion Gravy, Mashed Potatoes & Vegetable Medley Dessert: Strawberry Rhubarb Crisp w/ Ice Cream	Baked Salmon w/ Creamy Dill Sauce, Lemon Potatoes & Sautéed Zucchini & Mushrooms Vegetarian Lasagna w/ Caesar Salad & Garlic Toast Dessert: Butterscotch Pudding w/ Cookie Crumble	Roast Beef w/ Gravy, Mini Yorkshire Pudding, Mashed Potatoes & Bistro Mix Dessert: Strawberry Ice Cream Cup