

MENU FOR SEPTEMBER 11 - 17

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11	12	13	14	15	16	17
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack <hr/> Hot Roast Beef Sandwich w/ Gravy & Onion Rings OR Tossed Salad <hr/> Blueberry Pancakes w/ Bacon & Fruit Slices	Soup: Snack: Mini Danish <hr/> Grilled Turkey w/ Provolone Cheese & Basil Pesto Sandwich <hr/> Tuna Melt on French Bread	Soup: Snack: Mini Danish <hr/> Grilled Turkey w/ Provolone & Basil Pesto Sandwich <hr/> Wieners & Beans w/ Cheese Tea Biscuit	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Your Choice of Bread <hr/> 3 Cheese Omelette w/ Spinach & Diced Tomatoes w/ Hash Browns & Your Choice of Toast	Soup: Snack: Assorted Brownies <hr/> Cold Cut Sub <hr/> Beef Quesadillas w/ Sour Cream & Salsa & Tossed Salad	Soup: Snack: Assorted Brownies <hr/> Cold Cut Sub <hr/> Double Stuffed Fancy Egg Salad Sandwiches	Soup: Snack: Assorted Snack <hr/> Toasted Cinnamon Bun, Cheese Sticks, Rolled Turkey & Yogurt
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Stuffed Chicken Breast w/ Broccoli & Cheddar Cheese, Scalloped Potatoes, Sautéed Peppers & Zucchini <hr/> Dessert: Pecan Pie w/ Whipped Cream	Pork Tenderloin Medallions w/ Mushroom Cream Sauce, Mashed Potatoes, Corn & Broccoli <hr/> Chicken Adobo w/ Jasmine Rice <hr/> Dessert: Tropical Fruit Salad	Baked Salmon w/ Dill, Boiled Potatoes w/ Butter & Romanesco Mix <hr/> Meatloaf w/ Ketchup Sauce, Boiled Potatoes w/ Butter & Romanesco Mix <hr/> Dessert: Assorted Dessert	Pot Roast w/ Mashed Potatoes, Peas & Maples Glazed Carrots <hr/> Dessert: Black Forest Cake	Chicken Wellington w/ Cream Sauce, Roasted Potatoes, Cauliflower & Beets <hr/> Potato & Cheddar Perogies w/ Fried Onion, Bacon Bits, Grilled Kielbasa, Cauliflower & Beets <hr/> Dessert: Apple Crisp w/ Vanilla Ice Cream	Kung Pao Shrimp, Vegetable Chow Mein & Vegetable Spring Roll <hr/> Pork Schnitzel w/ Gravy, Baby Potatoes, Braised Red Cabbage & Peas <hr/> Dessert: Red Velvet Cake	Roasted Turkey w/ Gravy, Stuffing, Mashed Potatoes, Brussels Sprouts & Corn <hr/> Dessert: Ice Cream Sandwich

MENÜ FOR SEPTEMBER 18 - 24

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19	20	21	22	23	24
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack ----- Bacon & Onion Quiche w/ Tossed Salad ----- Chef's Salad w/ Grilled Chicken, Boiled Egg, Bacon Bits & Cubed Cheese w/ Your Choice of Toast	Soup: Snack: Mini Cream Puff ----- Reuben Sandwich w/ Corned Beef, 1000 Island Dressing, Swiss Cheese & Sauerkraut ----- Tuna Melt on French Bread	Soup: Snack: Mini Cream Puff ----- Reuben Sandwich w/ Corned Beef, 1000 Island Dressing, Swiss Cheese & Sauerkraut ----- Honey Garlic Chicken Wings w/ Tossed Salad	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Your Choice of Bread ----- Waffles w/ Fruit Sauce, Bacon OR Sausage & Fruit Salad	Soup: Snack: Banana Chocolate Chip Loaf ----- Tex Mex Chicken Salad Sandwich ----- Monte Cristo Sandwich w/ Ham, Turkey & Cheese	Soup: Snack: Banana Chocolate Chip Loaf ----- Monte Cristo Sandwich w/ Ham, Turkey & Cheese ----- Salmon Salad Sandwich on a Kaiser Bun	Soup: Snack: Assorted Snack ----- Pepperoni & Bacon OR Vegetarian Pizza ----- Chicken Fingers w/ French Fries OR Caesar Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Ham w/ Apple Sauce, Boiled Potatoes w/ Butter, Carrots & Zucchini ----- Swedish Meatballs, Boiled Potatoes w/ Butter, Carrots & Zucchini ----- Dessert: French Cheesecake w/ Fruit Topping	Shrimp Penne Alfredo w/ Caesar Salad & Garlic Toast ----- Teriyaki Chicken Strips, Rice Pilaf & Vegetable Stir Fry ----- Dessert: Cherry Strudel w/ Ice Cream	Haddock Fish & Chips w/ Homemade Tartar Sauce & Oil & Vinegar Coleslaw ----- Shepherd's Pie w/ Tossed Salad ----- Dessert: Assorted Dessert	Grilled Chicken w/ Salsa, Peppers & Cheese, Baked Potato w/ Sour Cream & Bistro Mix ----- Dessert: Chocolate Cupcake w/ Buttercream Frosting	Cottage Cheese Perogies w/ Cream Sauce, Grilled Farmers Sausage & Fried Onions w/ Cauliflower & Broccoli ----- Roasted Pork Loin, Boiled Potatoes w/ Butter, Cauliflower & Broccoli ----- Dessert: Peach Cobbler w/ Ice Cream	Pan Fried Pickerel, Baby Potatoes & Romanesco Mix ----- Roasted Chicken Legs, Baby Potatoes & Romanesco Mix ----- Dessert: Rice Pudding	Roast Beef w/ Mini Yorkshire Pudding, Gravy, Mashed Potatoes, Peas & Corn ----- Dessert: Ice Cream Drumstick