

# MENU FOR WEEK OF SEPTEMBER 25 - OCTOBER 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Snack: Assorted Snack	Soup: Snack: Assorted Cookies	Soup: Snack: Assorted Cookies	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Your Choice of Bread	Soup: Snack: Mini Bavarian Cream Tarts	Soup: Snack: Mini Bavarian Cream Tarts	Soup: Snack: Assorted Snacks
Chicken Fingers w/ French Fries OR Tossed Salad	Grilled Cheese w/ Asparagus & Tomato Sandwich	Grilled Cheese w/ Asparagus & Tomato Sandwich	Spinach & Tomato Omelette w/ Hash Browns & Fruit Salad	Grilled Ham & Swiss Sandwich	Grilled Ham & Swiss Sandwich	Wally Mushroom Burger w/ Onion Rings OR Tossed Salad
Smoked Salmon on an Everything Bagel w/ Cream Cheese & Soup	Chopped Ham & Relish Sandwich	Taco Salad w/ Ground Beef, Sour Cream, Cheese, Salsa, Lettuce & Tomato		Hot Roast Beef Sandwich w/ Gravy	Fried Egg & Cheese on a Kaiser Bun	Meat Lovers OR Vegetarian Pizza w/ Tossed Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Turkey w/ Stuffing, Gravy, Scalloped Potatoes, Peas & Beets	Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast	Shrimp Kabobs, Rice Pilaf, Sautéed Zucchini & Peppers	Chicken Kiev (Stuffed w/ Garlic Butter), Mashed Potatoes, Broccoli & Cauliflower	Cottage Cheese Perogies w/ Cream Sauce, Fried Onions, Grilled Farmers Sausage, Braised Red Cabbage & Carrots	Baked Salmon w/ Dill, Lemon Potatoes & Romanesco Mix	1/4 Roasted Chicken, Mashed Potatoes, Corn on the Cob & Creamy Coleslaw
Dessert: Pumpkin Pie w/ Whipped Cream	Grilled Chicken Thighs w/ Mushroom Cream Sauce, Boiled Potatoes & Steamed Vegetables	Stuffed Pork Loin w/ Apricot & Prunes, Rice Pilaf, Sautéed Zucchini & Peppers	Dessert: German Chocolate Cake	Cheese & Spinach Manicotti w/ Caesar Salad & Focaccia Bread	Salisbury Steak w/ Onion Gravy, Lemon Potatoes & Romanesco Mix	Dessert: Kit Kat Ice Cream Bar
	Dessert: Mango Pudding	Dessert: Assorted Desserts		Dessert: Bread Pudding w/ Peaches	Dessert: Pecan Pie w/ Whipped Cream	

## MENU FOR WEEK OF OCTOBER 2 - 8

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Snack: Assorted Snacks <hr/> Waffles w/ Fruit Sauce, Bacon & Fruit Slices <hr/> Chili Cheese Hot Dog w/ French Fries OR Tossed Salad	Soup: Snack: Peanut Butter Marshmallow Square <hr/> Smoked Turkey Club Sub w/ Lettuce, Tomato, Smoked Turkey, Bacon & Cheese <hr/> Tuna Melt on French Bread w/ Tomato	Soup: Snack: Peanut Butter Marshmallow Square <hr/> Smoked Turkey Club Sub w/ Lettuce, Tomato, Smoked Turkey, Bacon & Cheese <hr/> Meat Tortiere w/ Gravy & Tossed Salad	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Your Choice of Bread <hr/> Chef's Salad w/ Grilled Chicken, Cubed Cheese, Bacon Bits & French Cheese Puff	Soup: Snack: Banana Walnut Loaf <hr/> Reuben Sandwich w/ Corned Beef, Swiss Cheese, Sauerkraut & 1000 Island Dressing <hr/> Teriyaki Chicken Wings w/ Tossed Salad	Soup: Snack: Banana Walnut Loaf <hr/> Reuben Sandwich w/ Corned Beef, Swiss Cheese, Sauerkraut & 1000 Island Dressing <hr/> Double Stuffed Egg Salad Fancy Sandwiches	Soup: Snack: Assorted Snacks <hr/> BLTC (Bacon, Lettuce, Tomato & Cheese) Sandwich <hr/> Toasted Cinnamon Bun, Yogurt & Cheese Sticks
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Beef w/ Gravy & Mini Yorkshire Pudding, Mashed Potatoes & PEI Mix <hr/> Dessert: Lemon Meringue Pie	Pork Tenderloin Medallions w/ Mushroom Cream Sauce, Baby Potatoes & Broccoli & Cauliflower <hr/> Turkey Schnitzel w/ Gravy, Baby Potatoes, Broccoli & Cauliflower <hr/> Dessert: Carrot Cake w/ Cream Cheese Icing	Haddock Fish & Chips w/ Tartar Sauce & Broccoli Salad <hr/> Mild Coconut Chicken Curry w/ Basmati Rice & Peas & Naan Bread <hr/> Dessert: Assorted Desserts	BBQ Ribs, Baked Potato w/ Sour Cream, Corn on the Cob & Roasted Beets <hr/> Dessert: Bread Pudding w/ Vanilla Ice Cream	Potato & Cheddar Perogies w/ Fried Onions & Grilled Kielbasa w/ Bistro Mix <hr/> Shepherd's Pie w/ Bistro Mix <hr/> Dessert: Schokolade Bubba	Pan Fried Pickerel, Lemon Potatoes, Peas & Oil & Vinegar Coleslaw <hr/> Beef Lasagna w/ Caesar Salad & Garlic Toast <hr/> Dessert: Rice Pudding	Chicken Cordon Bleu (Stuffed w/ Ham & Cheese), Mashed Potatoes, Gravy & Vegetable Medley <hr/> Dessert: Ice Cream Sandwich