

## MENU FOR THE WEEK OF DECEMBER 4-10

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6	7	8	9	10
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Snack: Assorted Snack <hr/> Hot Roast Beef Sandwich w/ Tossed Salad <hr/> Bell Pepper, Mushroom & Cheese Omelette w/ Toast & Fruit Salad	Soup: Snack: Date Square <hr/> Grilled Cheese w/ Tomato & Asparagus <hr/> BLTC (Bacon, Lettuce, Tomato & Cheese) Sandwich w/ Carrot Salad	Soup: Snack: Date Square <hr/> Grilled Cheese w/ Tomato & Asparagus <hr/> Tuna Salad on a Kaiser Bun	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Toast <hr/> Cobb Salad w/ Diced Chicken, Bacon Bits, Boiled Egg, Cheese, Sliced Apples & Walnuts w/ Garlic Toast	Soup: Snack: Morning Glory Muffin <hr/> Reuben Sandwich w/ Corned Beef, Swiss Cheese, Sauerkraut & 1000 Island Dressing <hr/> Cottage Cheese Perogies w/ Cream Sauce, Farmers Sausage & Fried Onions	Soup: Snack: Morning Glory Muffin <hr/> Reuben Sandwich w/ Corned Beef, Swiss Cheese, Sauerkraut & 1000 Island Dressing <hr/> Teriyaki Chicken Wings w/ Carrot Salad	Soup: Snack: Assorted Snack <hr/> Wally Mushroom Swiss Burger w/ Sweet Potato Fries OR Soup <hr/> Oatmeal w/ Peaches, Yogurt & Cheese Sticks
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
BBQ OR Teriyaki Chicken Breast, Boiled Potatoes w/ Butter, Peas & Spaghetti Squash <hr/> Dessert: Pecan Pie w/ Whipped Cream	Salisbury Steak w/ Onion Gravy, Mashed Potatoes, Corn & Beets <hr/> Vegetarian Chili w/ Caesar Salad & Garlic Toast <hr/> Dessert: Schokolade Bubba	Beef Stroganoff w/ Egg Noodles & Bistro Mix <hr/> Roasted Chicken Legs w/ Fresh Herbs, Roasted Potatoes & Bistro Mix <hr/> Dessert: Assorted Desserts	Baked Salmon w/ Fresh Dill, Lemon Potatoes, Steamed Broccoli & Cauliflower <hr/> Sweet & Sour Short Ribs, Vegetable Chow Mein & Steamed Broccoli & Cauliflower <hr/> Dessert: Carrot Cake w/ Cream Cheese Icing	Grilled Chicken Parmesan, Baby Potatoes & Vegetable Medley <hr/> Spinach & Ricotta Manicotti w/ Tossed Salad & Garlic Toast <hr/> Dessert: Jello Parfait	Shrimp Kabobs, Rice Pilaf, Sautéed Zucchini & Peppers <hr/> Pork Tenderloin Medallions w/ Spanish Sauce, Rice Pilaf, Sautéed Zucchini & Peppers <hr/> Dessert: Rice Pudding	Roast Turkey, Gravy, Stuffing, Mashed Potatoes, Peas & Honey Glazed Carrots <hr/> Dessert: Ice Cream Sandwich

## MENU FOR THE WEEK OF DECEMBER 11-17

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11	12	13	14	15	16	17
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Snack: Assorted Snack	Soup: Snack: Shortbread Cookies	Soup: Snack: Shortbread Cookies	3 Bacon OR 2 Sausages, Hash Browns, 2 Egg (Most Styles), Fruit Salad & Toast	Soup: Snack: Banana Walnut Loaf	Soup: Snack: Banana Walnut Loaf	Soup: Snack: Assorted Snack
Eggs Benedict on a Biscuit w/ Hollandaise Sauce, Country Ham & Fruit Slices	Tuna Melt on Marble Rye	Tuna Melt on Marble Rye	Waffles w/ Fruit Sauce, Sausage OR Bacon & Fruit Salad	Grilled Chicken & Avocado Sandwich	Grilled Chicken & Avocado Sandwich	Toasted Cinnamon Bun, Yogurt, Cheese Stick & Fruit Slices
Chicken Fingers w/ Caesar Salad	Fried Egg & Cheese Sandwich	Chopped Ham & Relish Sandwich		Salmon Salad on a Whole Wheat Kaiser Bun	Fancy Egg Salad Sandwich	BLTC (Bacon, Lettuce, Tomato & Cheese) Sandwich
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Swedish Meatballs, Rice Pilaf, Corn & Broccoli	Roasted Pork Loin w/ Apple Sauce, Mashed Potatoes & Romanesco Mix	Spaghetti & Meat Sauce w/ Broccoli Salad & Garlic Toast	Hot Roast Beef Sandwich w/ Potato Wedges	Potato & Cheddar Perogies, Fried Onions, Bacon Bits, Grilled Kielbasa, Peas & Corn	Pan Fried Pickerel, Baked Potato w/ Sour Cream & Oil & Vinegar Coleslaw	Roasted 1/4 Chicken, Scalloped Potatoes, Carrots & Cauliflower
Sweet & Sour Chicken Balls, Rice Pilaf, Corn & Broccoli & Vegetable Spring Roll	Haddock Fish & Chips w/ Greek Salad	Swiss Steak, Roasted Potatoes & Broccoli Salad	Turkey Schnitzel w/ Gravy, Mashed Potatoes & Bistro Mix	Meat Tortiere w/ Gravy, Peas, Corn & Dinner Roll	Vegetarian Lasagna w/ Caesar Salad & Garlic Toast	Dessert: Kit Kat Ice Cream Bar
Dessert: Cherry Pie w/ Whipped Cream	Dessert: Fruit Cocktail	Dessert: Assorted Desserts	Dessert: Tiramisu	Dessert: Fruit Crisp w/ Ice Cream	Dessert: Fresh Fruit Salad w/ Berries	