

MENUS FOR THE WEEK OF NOVEMBER 20-26

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	21	22	23	24	25	26
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack	Soup: Snack: Cherry Tart	Soup: Snack: Cherry Tart	Soup: Snack: Lemon Slice	Soup: Snack: Date Square	Soup: Snack: Date Square	Soup: Snack: Assorted Snack
Denver Sandwich w/ Egg, Cheese, Ham & Green Onion	Sloppy Joe w/ French Fries	Teriyaki Chicken Wings	Grilled Cheese & Asparagus Sandwich	Chicken Salad on a Kaiser Bun	Double Stuffed Fancy Egg Salad Sandwiches	Mushroom & Tomato Omelette, Hash Browns & Toast
Greek Chicken Wrap w/ Lettuce, Tomato, Feta & Cucumber	Waffles w/ Fruit Sauce & Bacon	Hot Roast Beef Sandwich w/ Gravy	BLTC Sandwich (Bacon, Lettuce, Tomato & Cheese)	Pastrami Sandwich on Marble Rye w/ Mustard	Wieners & Beans w/ Garlic Toast	Wally Cheeseburger w/ Onion Rings
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Meat Cabbage Rolls, Baked Potato w/ Sour Cream & Romanesco Mix	Hot Chicken Caesar Salad w/ Garlic Toast	Pork Chop, Baked Potato w/ Sour Cream, Beets & Corn	Salisbury Steak w/ Gravy, Mashed Potatoes, Sautéed Mushrooms & Zucchini	Pork & Vegetable Kabob w/ Rice Pilaf	Almond Crusted Pickerel, Baby Potatoes, Corn on the Cob & Creamy Coleslaw	Roast Turkey, Stuffing, Mashed Yams, Brussels Sprouts & Carrots
Haddock Fish & Chips w/ Homemade Tartar Sauce & Creamy Coleslaw	Baked Ham w/ Applesauce, Scalloped Potatoes, Beans & Carrots	Turkey Tetrazzini w/ California Mix	Mild Coconut Chicken Curry, Basmati Rice & Peas & Naan Bread	Roasted Chicken Legs, Lemon Potatoes & Mixed Vegetable Medley	Chicken L'Orange, Vegetable Chow Mein & Spring Roll	Dessert: Ice Cream Drumstick Healthier Dessert: Applesauce
Dessert: Sliced Bananas in Cream Healthier Dessert: Applesauce	Dessert: Blueberry Pie Healthier Dessert: Applesauce	Dessert: Assorted Dessert Healthier Dessert: Applesauce	Dessert: Carrot Cake w/ Cream Cheese Icing Healthier Dessert: Applesauce	Dessert: Vanilla Pudding w/ Cookie Crumble Healthier Dessert: Applesauce	Dessert: Strawberry Rhubarb Crisp w/ Ice Cream Healthier Dessert: Applesauce	

MENUS FOR THE WEEK OF NOVEMBER 27-DECEMBER 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack	Soup: Snack: Carrot Muffin	Soup: Snack: Carrot Muffin	Soup: Snack: Fig Newton	Soup: Snack: Lemon Poppy Seed Muffin	Soup: Snack: Lemon Poppy Seed Muffin	Soup: Snack: Assorted Snack
Meatlovers OR Vegetarian Pizza w/ Tossed Salad	Fried Egg Sandwich w/ Mushrooms & Onions	Grilled Ham & Swiss Sandwich	Turkey Pot Pie w/ Tossed Salad	Chicken Fingers w/ French Fries OR Oil & Vinegar Coleslaw	Tuna Salad on a Kaiser Bun	Peach Pancakes w/ Turkey Sausages & Fruit Slices
Grilled Chicken Burger w/ Onion Rings OR Tossed Salad	Smoked Turkey Sandwich w/ Cranberry Aioli	Roast Beef w/ Mustard & Horseradish	Italian Meat Sub w/ Cucumber Slices & Dip	Pulled Pork on a Bun w/ Tossed Salad	Macaroni & Cheese w/ Tossed Salad	Wally Cheeseburger w/ Greek Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BBQ OR Teriyaki Chicken Breast, Lemon Potatoes, Broccoli & Cauliflower	Beef Stroganoff w/ Egg Noodles & Diced Carrots	Honey Mustard Chicken, Roasted Asparagus, Asparagus & Cauliflower	Roasted Leg of Lamb w/ Mint Sauce, Mashed Potatoes, Sautéed Zucchini & Mushrooms	Roasted 1/4 Chicken, Baby Potatoes, Diced Turnip & Green Beans	Cottage Cheese Perogies w/ Cream Sauce, Farmers Sausage & Romanesco Mix	Turkey Schnitzel w/ Gravy, Mashed Potatoes, Braised Cabbage & Corn
Dessert: Banana Cream Pie Healthier Dessert: Yogurt Topped w/ Granola	Shrimp Skewers, Rice Pilaf & Mixed Vegetables	Veal Parmesan, Roasted Potatoes, Asparagus & Cauliflower	Baked Salmon, Rice Pilaf, Sautéed Zucchini & Mushrooms	Roasted 1/4 Chicken, Baby Potatoes, Diced Turnip & Green Beans	Vegetarian Chili w/ Caesar Salad & Garlic Toast	Baked Ham w/ Applesauce, Mashed Potatoes, Braised Cabbage & Corn
	Dessert: Orange Sheet Cake Healthier Dessert: Yogurt Topped w/ Granola	Dessert: Stained Glass Jello Healthier Dessert: Yogurt Topped w/ Granola	Dessert: Ice Cream Drumstick Healthier Dessert: Yogurt Topped w/ Granola	Dessert: Brownie w/ Vanilla Ice Cream Healthier Dessert: Yogurt Topped w/ Granola	Dessert: Apple Pie w/ Vanilla Ice Cream Healthier Dessert: Yogurt Topped w/ Granola	Dessert: Assorted Dessert Healthier Dessert: Yogurt Topped w/ Granola