


# LINDENWOOD TERRACE - AUGUST 2023

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   |
|---|--|---|---|---|--|--|
|  | <b>LOCATION</b><br>3rd floor Lounge by elevators (3FLBE)<br>Channel 776 (776)<br>Dining Room (DR)<br>Games Room (GR)<br>Hair Salon (HS)<br>LT Community Room (LCR)<br>LT Manitoba Room-PDR (LMR) | <b>10:00 OUTDOOR WALKING GROUP 1</b><br><b>2:00 Pool Game (GR)</b><br><b>2:00 Birthday Party with Jake Chenier! (LCR)</b><br><b>3:00 BIRTHDAY CAKE &amp; COFFEE (DR)</b><br><b>3:00 Prayer &amp; Praise (TL)</b><br><b>7:00 Bingo (LMR)</b> | <b>10:00 Exercise Class (776) 2</b><br><b>10:15 Drum Fit (TL)</b><br><b>7:00 Canasta (LMR)</b>  | <b>9:30 Lab (LCR) 3</b><br><b>2:00 Bridge Club (3FLBE)</b><br><b>2:00 Ladder Ball on the Patio (P)</b><br><b>3:15 Pet Visit with Cheryl &amp; Mattie (P)</b><br><b>7:00 Skip-Bo (LMR)</b> | <b>10:00 Exercises (776) 4</b><br><b>10:00 Exercises (TL)</b><br><b>11:00 Lunch @ The Pancake House @ The Forks</b><br><b>1:00 Meet Liberal Candidate Willard Reaves (LCR)</b> | <b>5</b>   |
|   | <b>3:30 Worship Service with Bethel Mennonite Church (LCR) 6</b>   | <b>Civic Holiday - Offices Closed 7</b><br><b>7:00 Phase 10 Card Game (LMR)</b>   | <b>Foot Nurse (HS) 8</b><br><b>10:00 OUTDOOR WALKING GROUP</b><br><b>2:00 Pool Game (GR)</b><br><b>3:00 Prayer &amp; Praise (TL)</b><br><b>7:00 Bingo (LMR)</b> | <b>10:00 Exercise Class (776) 9</b><br><b>10:15 Drum Fit (TL)</b><br><b>2:00 Ice Cream Sundae Afternoon (DR)</b><br><b>7:00 Canasta (LMR)</b>   | <b>9:30 Lab (LCR) 10</b><br><b>10:15 Bakery (LMR)</b><br><b>1:30 Safeway shuttle</b><br><b>2:00 Bridge Club (3FLBE)</b><br><b>7:00 Skip-Bo (LMR)</b>                           | <b>10:00 Exercises (776) 11</b><br><b>10:00 Exercises (TL)</b> |

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| <p>2:30 <b>Worship</b> 13<br/>Service<br/>with Sargent<br/>Avenue<br/>Mennonite<br/>Church (LCR)</p> | <p>10:00 <b>Exercises</b> 14<br/>(776)<br/>10:00 <b>Exercises (TL)</b><br/>1:00 <b>Trio Bike rides</b><br/>7:00 <b>Phase 10 Card<br/>Game (LMR)</b></p>   | <p>10:00 <b>OUTDOOR</b> 15<br/><b>WALKING<br/>GROUP</b><br/>1:00 <b>St. Vital Mall<br/>Outing</b><br/>2:00 <b>Pool Game<br/>(GR)</b><br/>3:00 <b>Prayer &amp; Praise<br/>(TL)</b><br/>7:00 <b>Bingo (LMR)</b></p>  | <p>10:00 <b>Exercise</b> 16<br/><b>Class (776)</b><br/>10:15 <b>Drum Fit (TL)</b><br/>7:00 <b>Canasta (LMR)</b></p>   | <p>9:30 <b>Men's</b> 17<br/><b>Coffee<br/>Morning (LMR)</b><br/>9:30 <b>Lab (LCR)</b><br/>2:00 <b>Bridge Club<br/>(3FLBE)</b><br/>2:00 <b>Music with Al<br/>Andrusco<br/>(LCR)</b><br/>7:00 <b>Skip-Bo (LMR)</b></p>                                | <p>10:00 <b>Exercises</b> 18<br/>(776)<br/>10:00 <b>Exercises (TL)</b><br/>2:00 <b>The Crown -<br/>Bring your own<br/>Tea cup! (TL)</b></p> | 19       |
| <p>2:30 <b>Worship</b> 20<br/>Service<br/>with Home<br/>Street<br/>Mennonite<br/>Church (LCR)</p>    | <p>10:00 <b>Exercises</b> 21<br/>(776)<br/>10:00 <b>Exercises (TL)</b><br/>2:00 <b>The Armadillo<br/>String Quartet<br/>(LCR)</b><br/>7:00 <b>Phase 10 Card<br/>Game (LMR)</b></p>                  | <p><b>Foot Nurse</b> 22<br/>(HS)<br/>10:00 <b>OUTDOOR</b><br/><b>WALKING<br/>GROUP</b><br/>11:00 <b>Picnic in<br/>Assiniboine<br/>Park</b><br/>2:00 <b>Pool Game<br/>(GR)</b><br/>3:00 <b>Prayer &amp; Praise<br/>(TL)</b><br/>7:00 <b>Bingo (LMR)</b></p> | <p>10:00 <b>Exercise</b> 23<br/><b>Class (776)</b><br/>10:15 <b>Drum Fit (TL)</b><br/>2:00 <b>Sing-a-long<br/>with Ryan<br/>(LCR)</b><br/>7:00 <b>Canasta (LMR)</b></p> | <p>9:30 <b>Lab (LCR)</b> 24<br/>10:15 <b>Bakery<br/>(LMR)</b><br/>2:00 <b>Bridge Club<br/>(3FLBE)</b><br/>2:00 <b>Watermelon &amp;<br/>Roll kuchen on<br/>the Patio with<br/>Rhonda on the<br/>Accordian! (P)</b><br/>7:00 <b>Skip-Bo (LMR)</b></p> | <p>10:00 <b>Exercises</b> 25<br/>(776)<br/>10:00 <b>Exercises (TL)</b><br/>2:00 <b>Ladder Ball on<br/>the Patio (P)</b></p>                 | 26       |
| <p>3:30 <b>Worship</b> 27<br/>Service<br/>with Glenlea<br/>Mennonite<br/>Church (LCR)</p>            | <p>10:00 <b>Exercises</b> 28<br/>(776)<br/>10:00 <b>Exercises (TL)</b><br/>1:00 <b>The Wildlife<br/>Haven<br/>Rehabilitation<br/>Centre Outing</b><br/>7:00 <b>Phase 10 Card<br/>Game (LMR)</b></p> | <p>10:00 <b>OUTDOOR</b> 29<br/><b>WALKING<br/>GROUP</b><br/>2:00 <b>Pool Game<br/>(GR)</b><br/>2:00 <b>Lemonade and<br/>Cookies on the<br/>Patio (P)</b><br/>3:00 <b>Prayer &amp; Praise<br/>(TL)</b><br/>7:00 <b>Bingo (LMR)</b></p>                      | <p>10:00 <b>Exercise</b> 30<br/><b>Class (776)</b><br/>10:15 <b>Drum Fit (TL)</b><br/>7:00 <b>Canasta (LMR)</b></p>   | <p>9:30 <b>Lab (LCR)</b> 31<br/>1:00 <b>Trio Bike<br/>rides</b><br/>2:00 <b>Bridge Club<br/>(3FLBE)</b><br/>7:00 <b>Skip-Bo (LMR)</b></p>   | <p><b>LOCATION</b><br/>Patio (P)<br/>TV Lounge (TL)</p>   |          |