


# LINDENWOOD TERRACE- SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>LOCATION</b> 3rd floor Lounge by elevators (3FLBE) Channel 776 (776) Dining Room (DR) First Floor Lounge (FFL) Foyer (F) Games Room (GR) Hair Salon (HS)	<b>LOCATION</b> LT Community Room (LCR) LT Manitoba Room-PDR (LMR) Patio (P) TV Lounge (TL)			10:00AM Exercises (776) 1 10:00AM Exercises (TL) 1:00PM Trio Bike Rides (F) 2:00PM Ladder Ball on the Patio cancelled due to Construction. (P)	2
2:30PM Communion 3 Service with Estates Group & Sabrina (LCR)	<b>Labour Day</b> 4 - Offices Closed 7:00PM Phase 10 Card Game (TL)	<b>Foot Nurse</b> 5 (HS) 10:00AM <b>OUTDOOR WALK</b> 10:00AM Bible Study (LMR) 2:00PM <b>Pool Game</b> (GR) 3:00PM Prayer & Praise (TL) 7:00PM <b>Bingo</b> (LMR)	10:00AM <b>Exercise Class</b> (776) 6 10:15AM Drum Fit (TL) 1:30PM <b>Hymn Sing</b> (LCR) 7:00PM <b>Canasta</b> (DR)	9:15AM Lab (LCR) 7 10:15AM <b>Bakery</b> (LMR) 1:00PM Bridge Club (3FLBE) 2:30PM <b>Obby Kahn, MLA visits</b> (DR) 7:00PM <b>Skip-Bo</b> (TL)	10:00AM Exercises (776) 8 10:00AM Exercises (TL)	9

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2:30PM <b>Worship</b> 10 Service with Charleswood Mennonite Church (LCR)</p>	<p>10:00AM <b>Exercises</b> 11 (776) 10:00AM <b>Exercises (TL)</b> 1:00PM <b>Trio Bike rides</b> 2:00PM <b>Sing along with Ryan! (LCR)</b> 7:00PM <b>Phase 10 Card Game (TL)</b></p>	<p>10:00AM 12 <b>OUTDOOR WALK</b> 10:00AM <b>Bible Study (LMR)</b> 1:30PM <b>Resident Information Meeting (LCR)</b> 2:00PM <b>Pool Game (GR)</b> 3:00PM <b>Prayer &amp; Praise (TL)</b> 7:00PM <b>Bingo (LMR)</b></p>	<p>10:00AM <b>Exercise</b> 13 <b>Class (776)</b> 10:15AM <b>Drum Fit (TL)</b> 1:30PM <b>Hymn Sing (LCR)</b> 7:00PM <b>Canasta (DR)</b></p>	<p>9:15AM <b>Lab (LCR)</b> 14 9:30AM <b>Men's Coffee Morning (LMR)</b> 1:00PM <b>Bridge Club (3FLBE)</b> 1:30PM <b>Safeway shuttle</b> 3:00PM <b>Pet Visit with Cheryl and Maddie! (FFL)</b> 7:00PM <b>Skip-Bo (TL)</b></p>	<p>10:00AM <b>Exercises</b> 15 (776) 10:00AM <b>Exercises (TL)</b> 2:00PM <b>The Crown - Season 5 finale (TL)</b></p>	16
<p>2:30PM <b>Worship</b> 17 Service with Ft. Garry Mennonite Church (LCR)</p>	<p>10:00AM <b>Exercises</b> 18 (776) 10:00AM <b>Exercises (TL)</b> 1:00PM <b>Trio Bike rides</b> 7:00PM <b>Phase 10 Card Game (TL)</b></p>	<p><b>Foot</b> 19 <b>Nurse (HS)</b> 10:00AM <b>OUTDOOR WALK</b> 10:00AM <b>Bible Study (LMR)</b> 2:00PM <b>Pool Game (GR)</b> 2:00PM <b>Birthday Party with The Filharmonic Ensemble (LCR)</b> 3:00PM <b>BIRTHDAY CAKE &amp; COFFEE (DR)</b> 3:00PM <b>Prayer &amp; Praise (TL)</b> 7:00PM <b>Bingo (LMR)</b></p>	<p>10:00AM <b>Exercise</b> 20 <b>Class (776)</b> 10:15AM <b>Drum Fit (TL)</b> 1:30PM <b>Hymn Sing (LCR)</b> 7:00PM <b>Canasta (DR)</b></p>	<p>9:15AM <b>Lab (LCR)</b> 21 10:15AM <b>Bakery (LMR)</b> 1:00PM <b>Grant Park Mall Outing</b> 1:00PM <b>Bridge Club (3FLBE)</b> 7:00PM <b>John Friesen Presents: File Storage on Mac Computers (LCR)</b> 7:00PM <b>Skip-Bo (TL)</b></p>	<p>10:00AM <b>Exercises</b> 22 (776) 10:00AM <b>Exercises (TL)</b> 2:00PM <b>Anne with An E Series (776)</b></p>	23
<p>2:30PM <b>Worship</b> 24 Service with Schoenfelder Mennonite Church (LCR)</p>	<p>10:00AM <b>Exercises</b> 25 (776) 10:00AM <b>Exercises (TL)</b> 1:00PM <b>Trio Bike rides</b> 7:00PM <b>Phase 10 Card Game (TL)</b></p>	<p>9:30AM <b>Daytrip to Gimli</b> 26 10:00AM <b>Bible Study (LMR)</b> 2:00PM <b>Pool Game (GR)</b> 3:00PM <b>Prayer &amp; Praise (TL)</b> 7:00PM <b>Bingo (LMR)</b></p>	<p>10:00AM <b>Exercise</b> 27 <b>Class (776)</b> 10:15AM <b>Drum Fit (TL)</b> 1:30PM <b>Hymn Sing (LCR)</b> 7:00PM <b>Canasta (DR)</b></p>	<p>9:15AM <b>Lab (LCR)</b> 28 10:00AM <b>OUTDOOR WALK</b> 1:00PM <b>Bridge Club (3FLBE)</b> 2:00PM <b>Musical Afternoon with Grant Simpson (LCR)</b> 7:00PM <b>Skip-Bo (TL)</b></p>	<p>10:00AM <b>Exercises</b> 29 (776) 10:00AM <b>Exercises (TL)</b> 10:30AM <b>Cheryl's Shopping Bag (LCR)</b></p>	30