

MENU FOR THE WEEK OF AUGUST 20-26

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	21	22	23	24	25	26
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack <hr/> Pineapple Carrot Jelly Salad, Potato Salad, Cheese Sticks & Rolled Ham <hr/> Grilled Chicken Burger w/ Lettuce & Tomato w/ Onion Rings OR Tossed Salad	Soup: Cream of Tomato Snack: Morning Glory Muffin <hr/> Toasted Denver w/ Eggs, Ham, Cheese & Green Onion <hr/> Salmon Salad Sandwich on Marble Rye	Soup: Chicken & Rice Snack: Morning Glory Muffin <hr/> Toasted Denver w/ Eggs, Ham, Cheese & Green Onion <hr/> Chef's Salad w/ Sliced Apples, Walnuts, Scoop of Tuna Salad, Lettuce, Tomato, Cucumbers, Carrots & Garlic Toast	Soup: Mushroom Barley Snack: Date Square <hr/> Stuffed French Toast, Turkey Sausage & Fruit Salad <hr/> Pulled BBQ Beef on a Whole Wheat Kaiser Bun	Soup: Carrot & Almond Snack: Lemon Slice <hr/> Grilled Cheese w/ Tomato & Asparagus <hr/> Double Stuffed Egg Salad Sandwiches	Soup: French Pea Snack: Lemon Slice <hr/> Grilled Cheese w/ Tomato & Asparagus <hr/> All Beef OR Vegetarian Hot Dog w/ Fried Onions & Baked Beans	Soup: Snack: Assorted Snack <hr/> Oatmeal w/ Brown Sugar & Sliced Peaches, Yogurt & Fruit Slices <hr/> Eggs Benedict w/ Poached Eggs, Hollandaise Sauce & Back Bacon on a Biscuit w/ Fruit Slices
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Pork Tenderloin w/ Apple Gravy, Mashed Potatoes, Braised Red Cabbage & Peas <hr/> Vegetarian Lasagna w/ Caesar Salad & Garlic Toast <hr/> Dessert: Banana Cream Pie	Grilled Mild Italian Sausages w/ Peppers, Caesar Salad & Garlic Bread Stick <hr/> Shrimp & Chicken Penne Alfredo w/ Tossed Salad <hr/> Dessert: Apple Strudel	1/4 Roasted Chicken, Mashed Potatoes & Bistro Mix <hr/> Dessert: Assorted Desserts	Shrimp Stuffed Sole, Scalloped Potatoes, Cauliflower & Corn <hr/> Salisbury Steak w/ Mushroom Gravy, Boiled Potatoes, Cauliflower & Corn <hr/> Dessert: Tiramisu	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage & Steamed Vegetables <hr/> Chicken Souvlaki w/ Tzatziki Sauce, Brown Rice Pilaf & Steamed Vegetables <hr/> Dessert: Schokolade Bubba	Lightly Breaded Pickerel, Baby Potatoes & Sautéed Zucchini & Peppers <hr/> Vegetarian Manicotti w/ Spinach & Strawberry Salad & Garlic Toast <hr/> Dessert: Fresh Fruit Salad w/ Berries	BBQ Ribs, Baked Potato w/ Sour Cream, Broccoli & Corn <hr/> Dessert: Peach Cobbler w/ Ice Cream

MENU FOR THE WEEK OF AUGUST 27-SEPTEMBER 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack	Soup: Lentil Snack: Pecan Streusel	Soup: Cabbage Borscht Snack: Pecan Streusel	Soup: Hamburger Soup Snack: Peanut Butter Cookie	Soup: Cream of Mushroom Snack: Blueberry Muffin	Soup: Beef Barley Snack: Blueberry Muffin	Soup: Snack: Assorted Snack
Waffles w/ Fruit Sauce & Country Ham	Tuna Melt on French Bread	Tuna Melt on French Bread	BLTC Sandwich	Reuben on Marble Rye	Reuben on Marble Rye	Scrambled Eggs, Bacon OR Turkey Sausage, Toast, Hash Browns & Fruit Slices
Wally Mushroom Burger w/ French Fries OR Tossed Salad	Chicken Salad Sandwich w/ Currants & Apples	Monte Cristo Sandwich	BBQ Chicken Quesadillas w/ Salsa & Sour Cream	Chopped Ham & Relish Sandwich	Chef's Salad w/ Boiled Egg, Cubed Cheese, Grilled Chicken & Tea Biscuit	Smoked Salmon on a Whole Wheat Bagel w/ Cream Cheese
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Turkey, Stuffing, Gravy, Mashed Potatoes, Brussels Sprouts & Honey Glazed Carrots	Beyond Meat Burger w/ Onion Rings OR Carrot Salad	Chicken Thighs in a Mushroom Cream Sauce, Wildrice Pilaf, Broccoli & Corn	Beef Pot Roast, Roasted Potatoes, Beets & Spaghetti Squash	Potato & Cheddar Perogies, Fried Onions, Grilled Kielbasa & Cauliflower & Apple Salad	Lightly Breaded Pickerel, Boiled Potatoes & Creamy Coleslaw	Grilled Chicken Parmesan, Stuffed Tomato, Potato Wedges & Sautéed Peppers
Dessert: Pumpkin Pie w/ Whipped Cream	Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast	Roasted Pork Loin Stuffed w/ Apricots & Prunes, Lemon Potatoes, Broccoli & Corn	Dessert: Stained Glass Jello	Chicken Adobo, Jasmine Rice, Lumpia & Steamed Carrots	Shepherd's Pie w/ Gravy & Vegetable Medley	Dessert: Frozen Yogurt Bar
	Dessert: Tropical Fruit Salad	Dessert: Assorted Dessert		Fresh Fruit Salad w/ Berries	Dessert: Bread Pudding w/ Toffee Sauce	

MENU FOR THE WEEK OF SEPTEMBER 3-9

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7	8	9
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack <hr/> Pancakes w/ Peaches, Yogurt & Fruit Slices <hr/> Cobb Salad w/ Grilled Chicken, Apples, Cubed Cheese, & Boiled Egg w/ Garlic Toast	Soup: Hearty Vegetable Barley Snack: Oatmeal Raisin Cookie <hr/> Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese & Italian Dressing <hr/> Vegetarian Chili w/ Cheese Tea Biscuit	Soup: Black Bean w/ Lime Snack: Oatmeal Raisin Cookie <hr/> Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese & Italian Dressing <hr/> Hot Turkey Sandwich w/ Gravy & Sweet Potato Fries OR Tossed Salad	Soup: Cabbage Borscht Snack: Yogurt <hr/> Nutella & Strawberry Crepes, Bacon & Spinach & Strawberry Salad <hr/> Corned Beef Hash w/ Poached Eggs & Raisin Toast	Soup: French Onion Snack: Mini Bavarian Cream Tart <hr/> Grilled Cheese w/ Havarti, Asparagus, Bell Peppers & Onions <hr/> Chicken Wellington w/ Side of Cream Sauce	Soup: Turkey Noodle Snack: Mini Bavarian Cream Tart <hr/> Grilled Cheese w/ Havarti, Asparagus, Bell Peppers & Onions <hr/> Fancy Tuna Sandwiches w/ Cream Cheese & Cucumbers	Soup: Snack: Assorted Snack <hr/> Ham & Pineapple OR Vegetarian Pizza <hr/> Mushroom & Bell Pepper Omelette w/ Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Ham w/ Apple Sauce, Mashed Potatoes & Romanesco Mix <hr/> Swedish Meatballs, Rice Pilaf & Romanesco Mix <hr/> Dessert: Black Forest Parfait	Sweet & Sour Chicken Balls, Vegetable Pancit & Vegetable Spring Roll <hr/> BBQ Spare Ribs, Vegetable Pancit & Vegetable Spring Roll <hr/> Dessert: Tapioca Pudding	Vegetarian Manicotti w/ Caesar Salad & Garlic Toast <hr/> Cabbage Rolls w/ Boiled Potatoes & Garlic Sausage <hr/> Dessert: Assorted Desserts	Baked Salmon w/ Lemon & Dill, Baby Potatoes, Cauliflower & Beets <hr/> Pork Schnitzel w/ Apple Gravy, Baby Potatoes, Cauliflower & Beets <hr/> Dessert: Strawberry Rhubarb Crisp w/ Ice Cream	Grilled Pork Chop, Roasted Potatoes, Braised Red Cabbage & Corn <hr/> Beef Stroganoff w/ Egg Noodles, Braised Red Cabbage & Corn <hr/> Dessert: Carrot Cake w/ Cream Cheese Icing	Chicken Kabobs, Scalloped Potatoes & Bistro Mix <hr/> 3 Cheese Tortellini w/ Shrimp, Caesar Salad & Garlic Toast <hr/> Dessert: Fresh Fruit Salad w/ Berries	1/4 Roasted Chicken, Mashed Potatoes, Butternut Squash and Zucchini <hr/> Dessert: Kit Kat Ice Cream Bar

MENU FOR THE WEEK OF SEPTEMBER 10-16

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10	11	12	13	14	15	16
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack <hr/> BLTC Sandwich <hr/> Toasted Cinnamon Bun, Cheese Sticks & Yogurt	Soup: Cream of Mushroom Snack: Zucchini Chocolate Chip Loaf <hr/> Reuben on Marble Rye <hr/> Double Stuffed Fancy Egg Salad Sandwiches	Soup: Chicken Noodle Snack: Zucchini Chocolate Chip Loaf <hr/> Reuben on Marble Rye <hr/> Crab Salad Sandwich	Soup: Sweet Potato Snack: White Chocolate Macadamia Cookies <hr/> Roast Beef & Swiss Sandwich <hr/> Eggs, Bacon OR Sausage, Hashbrowns, Toast & Fruit Salad	Soup: Beef Barley Snack: Fig Newton <hr/> Grilled Chicken & Avocado on French Bread <hr/> Wally Cheeseburger w/ French Fries OR Tossed Salad	Soup: Lentil Snack: Fig Newton <hr/> Grilled Chicken & Avocado on French Bread <hr/> Shrimp Po Boy Sandwich	Soup: Snack: Assorted Snack <hr/> German Potato Salad, Creamy Coleslaw, Cold Cuts & Croissant <hr/> Meat Tortiere w/ Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Beef, Gravy, Mini Yorkshire Pudding, Roasted Potatoes, Honey Glazed Carrots & Peas <hr/> Dessert: Lemon Meringue Pie	Turkey Schnitzel, Mashed Potatoes, Sautéed Mushrooms & Broccoli <hr/> Salisbury Steak, Mashed Potatoes, Sautéed Mushrooms & Broccoli <hr/> Dessert: Chocolate Cream Puff	Lightly Dusted Chicken Wings w/ Macaroni & Cheese & Broccoli Salad <hr/> Beef Stew w/ Tossed Salad & Dinner Bun <hr/> Dessert: Assorted Desserts	BBQ Ribs, Baked Potato w/ Sour Cream, Oil & Vinegar Coleslaw & Corn on the Cob <hr/> Dessert: Butterscotch Pudding	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage, Sautéed Zucchini & Peppers <hr/> Lamb Chops w/ Mint Sauce, Baby Potatoes, Sautéed Zucchini & Peppers <hr/> Dessert: Mixed Fruit Crisp w/ Ice Cream	Lightly Breaded Pickerel, Lemon Potatoes & Romanesco Mix <hr/> Red Thai Coconut Chicken Curry w/ Jasmine Rice & Romanesco Mix <hr/> Dessert: Rice Pudding	Roasted Chicken Drumsticks, Mashed Potatoes, Cauliflower & Beets <hr/> Liver & Onions, Mashed Potatoes, Cauliflower & Beets <hr/> Dessert: Fresh Fruit Salad w/ Berries

MENU FOR THE WEEK OF SEPTEMBER 17-23

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17	18	19	20	21	22	23
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Snack: Assorted Snack	Soup: Beef Vegetable Snack: Bran Muffin	Soup: Potato Bacon w/ Dill Snack: Bran Muffin	Soup: Beet Borscht Snack: Lemon Slice	Soup: Chicken & Rice Snack: Assorted Brownies	Soup: Minestrone Snack: Assorted Brownies	Soup: Snack: Assorted Snack
Beef Taco Salad w/ Salsa & Sour Cream	Grilled Ham & Havarti w/ Grilled Peppers	Grilled Ham & Havarti w/ Grilled Peppers	Eggs, Bacon OR Sausage, Hashbrowns, Toast & Fruit Salad	Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese	Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese	Waffles w/ Fruit Sauce, Grilled Ham & Fruit Salad
Oatmeal w/ Brown Sugar & Sliced Peaches, Yogurt & Fruit Slices	Vegetarian Chili w/ Tea Biscuit	Pulled BBQ Beef on a Whole Wheat Kaiser Bun	Chef's Salad w/ Candied Walnuts, Pears, Shaved Parm, Grilled Chicken & Poppy Seed Dressing	Stuffed Potato w/ Bell Pepper, Corn, & Cheese	Fried Egg & Cheese Sandwich w/ Grilled Bologna on a Whole Wheat Kaiser Bun	Chicken Fingers w/ Sweet Potato Fries OR Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Turkey, Stuffing, Gravy, Boiled Potatoes & Broccoli Casserole	Shrimp Kabobs, Rice Pilaf w/ Cauliflower & Apple Salad	Kung Pao Chicken, Vegetable Pancit & Vegetable Spring Roll	Haddock Fish & Chips w/ 3 Bean Salad	Pork Chops w/ Apple Gravy, Mashed Potatoes, Green Bean Almandine & Carrots	Salmon Burger w/ Potato Wedges & Greek Salad	Roast Beef, Gravy, Mini Yorkshire Pudding, Scalloped Potatoes & Romanesco Mix
Dessert: Coconut Cream Pie	Teriyaki Chicken Strips, Rice Pilaf & Vegetable Spring Roll	Meatloaf w/ Ketchup Sauce, Mashed Potatoes & Bistro Mix	Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast	Potato & Cheddar Perogies, Fried Onions, Bacon Bits, Grilled Kielbasa, Green Bean Almandine & Carrots	Pork Schnitzel, Roasted Potatoes, Corn & Cauliflower	Dessert: Bread Pudding w/ Toffee Sauce
	Dessert: Vanilla Pudding w/ Blueberries	Dessert: Assorted Dessert	Dessert: Orange Cream Cake	Dessert: Fresh Fruit Salad w/ Berries	Dessert: Ice Cream Drumstick	