

## MEALS FOR THE CURRENT WEEK OF JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Assorted Snack	Soup: Cream of Tomato Assorted Snack	Hawaiian Day Soup: Coconut Chicken Rice Soup Coconut Tart	Soup: Beef Barley Snack: White Chocolate Chip Macadamia Nut Cookie	Soup: Lentil Snack: White Chocolate Macadamia Nut Cookie	Soup: Cabbage Borscht Snack : Mini Fruit Tart	Soup of the Day Assorted Snack
Chicken Fingers with Fries OR Tossed Salad	Smoked Turkey Club Sub with Tossed Salad (Turkey, Bacon, Lettuce, Tomato, Cheese & Mayo)	Grilled Chicken Sliders with Grilled Pineapple on a Hawaiian Roll	Grilled Monte Cristo Sandwich (Ham, Turkey, Swiss Cheese, Dijon Mayo, Egg Dipped Bread)	Grilled Rubeen on Marble Rye (Corned Beef, Sauerkraut, Swiss Cheese, 1000 island Dressing)	Grilled Rubeen on Marble Rye (Corned Beef, Sauerkraut, Swiss Cheese, 1000 island Dressing)	Wally Cheeseburger (Lettuce, Tomato, Mayo) with Bag of Potato Chips
Smoked Salmon on a Bagel with Cream Cheese with Tossed Salad	Grilled Cheese Sandwich with Tomato Slices with Tossed Salad	Ham & Pineapple Pizza with Hawaiian Macaroni Salad	Taco Salad Bowl with Ground Beef, Diced Tomatoes, Lettuce, Cheese Salsa & Sour Cream on the side	Chopped Ham & Relish Sandwich	Fancy Tuna Salad Sandwiches (Cucumber, Tomato, Cream Cheese) with Tossed Salad	Waffles with Fruit Sauce, Turkey Sausage & Yogurt Cup
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Beef Dinner with Mini Yorkshire Pudding, Gravy, Mashed Potatoes, Honey Glazed Carrots & Peas	Shrimp Skewers with Rice pilaf & Roasted Root Vegetables	Haddock Fish & Chips with Tossed Salad	Roasted Pork Loin, Gravy, Roasted Potatoes & Steamed Vegetables	Turkey Schnitzel, Gravy, Braised Red Cabbage, Peas & Boiled Potatoes	Lightly Breaded Pickerel with Tartar Sauce, Lemon Potatoes & Broccoli Salad	1/4 Roasted Chicken with Gravy, Scalloped Potatoes, Sautéed Zucchini & Peppers
Butter Scotch Pudding	Pork Chops with Apple Gravy, Boiled Potatoes, Peas & Carrots	Salsbury Steak with Mashed Potatoes, Steamed Broccoli & Cauliflower	Sweet & Sour Chicken Balls with Fried Rice, Lumpia (Spring Roll) & Steamed Vegetables	Potato Cheddar Perogies with Kielbasa Sausage, Braised Red Cabbage & Peas	Beef Stroganoff with Egg Noodles & Vegetable Medley	Frozen Yogurt Bar
	Lemon Meringue Pie	Assorted Desserts	Fresh Fruit with Berries	German Chocolate Cake	Rice Pudding	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Sunday Buffet Scrambled Eggs, Bacon, Sausage, Pancakes, Fruit Sauce, Hashbrowns & Assorted Brownies	Soup: Cream of Mushroom Snack: Banana Zucchini Loaf  Italian Meat Sub (Capicola, Rosemary Ham, Salami, Lettuce, Tomato & Provolone Cheese)  Salmon Salad Sandwich with Lettuce on Kaiser Bun	Soup: Chicken Noodle Snack: Banana Zucchini Loaf  Italian Meat Sub (Capicola, Rosemary Ham, Salami, Lettuce, Tomato & Provolone Cheese)  Hot Roast Beef Sandwich with Gravy	Soup: Minestrone Snack: Assorted snack  Chicken Fingers (Dipping Sauce) with Fries & Gravy  Chef Salad with Boiled Egg, Scoop of Tuna Salad, Cheese, Tomato, Cucumbers & Garlic Bread Stick	Soup: Cheddar Potato Leek Snack: Pecan Streusel  Toasted Denver Sandwich (Egg, Cheese, Ham & Green Onion)  Cottage Cheese Perogies with Fried Onions, Cream Sauce, Farmer Sausage	Soup: Beef Vegetable Snack: Pecan Streusel  Toasted Denver Sandwich (Egg, Cheese, Ham & Green Onion)  Fancy Egg Salad Sandwiches	Soup: Soup of the Day Snack: Assorted  Cold Cut Plate: German Potato Salad with Cold Cut Rolls & Croissant  Hot Dog with Fried Onions & Tossed Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Pot Roast Dinner with Gravy, Boiled Potatoes, Honey Glazed Carrots & Green Beans  Mixed Fruit Crisp with Ice Cream Cup	Baked Ham Dinner with Apple Sauce, Mashed Potatoes & Bistro Mix Vegetable  Spaghetti & Meat Sauce with Caesar Salad & Garlic Toast  Butter Scotch Pudding with Whipped Cream	Roasted Chicken Drumstick with Boiled Potatoes, Cauliflower & Broccoli  Fish Filet Burger with Tartar Sauce, Pickles & Sweet Potato Fries  Assorted Desserts	BBQ Ribs with Baked Potato (Sour Cream), Creamy Coleslaw & Corn  Fresh Fruit Salad with Berries	Chicken Souvlaki with Tzatziki Sauce, Rice Pilaf & Steamed Vegetable  Beef Lasagna with Caesar Salad & Garlic Toast  Bread Pudding with Toffee Sauce	Lightly Breaded Pickerel with Boiled Potatoes, Peas & Corn  Shepherd's Pie with Gravy & Spinach Mandarin Orange Salad  Cherry pie with Whipped Cream	Grilled Chicken Thighs with Mushroom Cream Sauce, Mashed Potatoes & Green Beans Almandine  Vegetable Stuffed Manicotti with Caesar Salad & Garlic Toast  Kit Kat Ice Cream Bar

## MEALS FOR THE CURRENT WEEK OF FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6	7	8	9	10
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Sunday Buffet: Scrambled Eggs, Bacon, Sausage, Waffles with Fruit Sauce, Fruit Salad, Hashbrowns & Assorted Cookies	Soup: Cream of Celery Snack: Lemon Poppy Seed Muffin <hr/> Grilled Ham & Havarti Cheese Sandwich <hr/> Meat Lovers Pizza OR Veggie Lovers Pizza with Caesar Salad	Soup: Chicken & Rice Snack: Lemon Poppy Seed Muffin <hr/> Grilled Ham & Havarti Cheese Sandwich <hr/> Tuna Melt on French Bread	Soup: Cream of Mushroom Snack: Assorted <hr/> Waffles with Fruit Sauce, Sausage & Fruit Salad <hr/> Plain or BBQ Sauce Chicken Wings with Tossed Salad	Soup: Lentil Snack: Chocolate Chip Cookie <hr/> Turkey Club Sub (Turkey, Lettuce, tomato, Cheese, Bacon) <hr/> Fried Egg & Cheese on a Bagel with Tossed Salad	Soup: Somma Borscht Snack: Chocolate Chip Cookie <hr/> Cobb Salad with Grilled Chicken, Candied Walnuts, Boiled Eggs, & Garlic Bread Stick <hr/> Turkey Club Sub (Turkey, Lettuce, tomato, Cheese, Bacon)	Soup: Soup of the Day Snack: Assorted <hr/> Toasted Cinnamon Bun with Rolled Ham, Cheese Sticks & Yogurt Cup <hr/> Wally Mushroom Swiss Burger (Mushrooms, Swiss Cheese, Lettuce, Tomato, Mayo) with Sweet Potato Fries
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Turkey Dinner with Gravy, Cranberry Sauce, Stuffing, Mashed Potatoes, Honey Glazed Carrots & Peas <hr/> Pumpkin pie with Whipped Cream	Shrimp Skewers with Rice Pilaf & Vegetable Medley <hr/> Grilled Farmer Sausage with Cheesy Potato Casserole & Vegetable Medley <hr/> Apple Strudel	Chicken & Dumpling Stew with Spinach Salad <hr/> Teriyaki Pork Tenderloin with Roasted Potatoes & PEI Mix <hr/> Assorted Desserts	Roast Beef Dinner with Mini Yorkshire Pudding, Gravy, Baked Potato (Sour Cream), Peas & Corn <hr/> Fresh Fruit Salad with Berries	Potato & Cheddar Perogies (Sour Cream) with Bacon Bits , Fried Onions, Kielbasa Sausage, Steamed Vegetables <hr/> Salisbury Steak with Gravy, Mashed Potatoes & Steamed Vegetables <hr/> Strawberry Rhubarb Crisp with ice Cream Cup	Baked Salmon with Lemon Potatoes, Sautéed Peppers & Zucchini <hr/> Boneless Pork Chop with Apple Gravy, Lemon Potatoes, Sautéed Peppers & Zucchini <hr/> Rice Pudding	Chicken Wellington with Cream Sauce & Tossed Salad <hr/> Beef Stew with Dinner Roll & Broccoli Salad <hr/> Carrot Cake

## MEALS FOR THE CURRENT WEEK OF FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11	12	13	14	15	16	17
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Sunday Buffet: Assorted Snacks, Poached Eggs, Sausage, French Toast, Fruit Salad, Carrot Salad & Tossed Salad	Soup: Ham & Pea Snack: Morning Glory Muffin  Rueben Sandwich on Marble Rye (Corned Beef, Sauerkraut, Swiss Cheese, 1000 Island Dressing)  Chicken Salad Sandwich with Lettuce	Soup: Cream of Tomato Snack: Morning Glory Muffin  Rueben Sandwich on Marble Rye (Corned Beef, Sauerkraut, Swiss Cheese, 1000 Island Dressing)  Plain or Teriyaki Sauce Chicken Wings with Tossed Salad	Soup: Beef Barley Snack: Assorted  Pancakes with Fruit Sauce & Grilled Ham  Tuna Salad with Lettuce Sandwich on Kasier Bun	Soup: French Onion Snack: Lemon Slice  Grilled Turkey & Provolone Sandwich with Cranberry Aioli  Italian Sausage in a Bun with Peppers & Tossed Salad	Soup: Chicken Noodle Snack: Lemon Slice  Grilled Turkey & Provolone Sandwich with Cranberry Aioli  Fancy Egg Salad Sandwiches with Tossed Salad	Soup: Soup of the Day Snack: Assorted  Pepperoni & Bacon Pizza OR Veggie Lovers Pizza with Tossed Salad  Chicken Fingers ( Dipping Sauce) with Fries
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Turkey Schnitzel, Gravy, Mashed Potatoes, Braise Red Cabbage & honey Glazed Carrots  Roasted Pork Loin with Gravy, Mashed Potatoes, Braised Red Cabbage & Honey Glazed Carrots  Black Forrest Cake	Haddock Fish & Chips, Tartar Sauce & Carrot Salad  Coconut Chicken Curry with Basmati Peas & Rice with Naan Bread  Jello Parfait	Fettucine Shrimp Alfredo with Caesar Salad & Garlic Toast  BBQ Spare Ribs with Fried Rice, Lumpia (Spring Roll) & Steamed Vegetables  Assorted Desserts	Grilled Chicken Parmesan with Baby Potatoes, Sautéed Peppers & Zucchini  Fresh Fruit Salad with Berries	Grilled Chicken Thighs with Spinach Sauce, Roasted Potatoes & Steamed Vegetables  Beef Stroganoff with Egg Noodles & Steamed Vegetables  Peach Crisp with Ice Cream Cup	Lightly Breaded Pickerel with Tartar Sauce, Boiled Potatoes, Peas & Creamy Coleslaw  Pork Schnitzel with Gravy, Boiled Potatoes, Peas & Corn  Banana Cream Pie	Pot Roast Dinner with Mashed Potatoes, Beets & Steamed Vegetables  Ice Cream Sandwich

## MEALS FOR THE CURRENT WEEK OF FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19	20	21	22	23	24
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted Tarts	Soup: Cabbage Borscht Snack: Banana Chocolate Chip Muffin	Italian Lunch Soup: Hearty Minestrone Snack: Cannoli	Soup: Chicken Barley Snack: Assorted Snack	Soup: Cream of Broccoli Snack: Assorted Tarts	Soup: Carrot Ginger Almond Snack: Assorted Brownies	Soup: Soup of the Day: Snack: Assorted Snack
Oatmeal with Brown Sugar & Sliced Peaches, Yogurt Cup & Fruit Slices	Toasted Denver Sandwich (Egg, Cheese, Ham & Green Onion)	Stuffed Pasta Shells with Ricotta & Spinach, Garlic Bread Stick	Plain or Honey Garlic Chicken Wings with Caesar Salad	Chopped Ham & Relish Sandwich	Toasted Denver Sandwich (Egg, Cheese, Ham & Green Onion)	Toasted BLTC Sandwich (Bacon, Lettuce, Tomato, Cheese)
Beef Quesadilla's with Salsa & Sour Cream & Tossed Salad	Fish Filet Burger with Tartar Sauce, Pickles & Tossed Salad	Chicken Ciabatta Bun Sandwich with Provolone Cheese & Prosciutto	Pulled Pork on a Bun with Creamy Coleslaw & Tossed Salad	Chicken Fingers (Dipping Sauce) with Onion Rings	Fancy Salmon Salad Sandwiches with Cream Cheese, Cucumber & Tomato with Tossed Salad	Smoked Salmon on a Bagel with Cream Cheese & Tossed Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Oven Roasted Chicken Leg & Thighs with Scalloped Potatoes & Bistro Mix	Hoisin Glazed Pork Tenderloin with Vegetable Fried Rice & Vegetable Spring Roll (Plum Sauce)	Teriyaki Chicken Strips, Rice Pilaf, Vegetable Spring Roll (Plum Sauce), & Bistro Mix	Baked Salmon Dinner with Herbed Boiled Potatoes, Cauliflower & Carrots	Grilled Farmers Sausage with Mashed Potatoes, Braised Red Cabbage & Steamed Vegetables	Lightly Breaded Pickerel with Tartar Sauce, Roasted Potatoes, Peas & Corn	Roasted Turkey Dinner with Gravy, Cranberry Sauce, Stuffing, Mashed Potatoes, Green Beans & Honey Glazed Carrots
German Chocolate Cake	Chicken Adobo with Vegetable Fried Rice & Vegetable Spring Roll (Plum Sauce)	Meatloaf with Ketchup Sauce, Boiled Potatoes & Bistro Mix	Cabbage Rolls with Herbed Boiled Potatoes, Cauliflower & Carrots	Hot Roast Beef Sandwich with Gravy, Potato Wedges & Tossed Salad	Salisbury Steak with Roasted Potatoes, Peas & Corn	Ice Cream Drumstick
	Vanilla Pudding with Whipped Cream	Assorted Desserts	Fresh Fruit Salad with Berries	Peach Cobbler with Ice Cream Cup	Coconut Cream Pie	