

MEALS FOR THE CURRENT WEEK OF MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day Assorted Snack <hr/> Eggs Benedict on a Tea Biscuit w/ Hollandaise Sauce, Back Bacon, Yogurt & Fruit Slices <hr/> Pulled BBQ Beef on a Whole Wheat Kaiser Bun	Soup: Cream of Mushroom Snack: Zucchini Chocolate Chip Loaf <hr/> Hot Roast Beef Sandwich w/ Beet & Feta Salad <hr/> Smoked Turkey Club Sub w/ Lettuce, Tomato, Cheese & Bacon	Soup: Somma Borscht w/ Dill Snack: Zucchini Chocolate Chip Loaf <hr/> Smoked Turkey Club Sub w/ Lettuce, Tomato, Cheese & Bacon <hr/> Fancy Double Stuffed Egg Salad Sandwich	Soup: Chicken & Rice Snack: Yogurt <hr/> Tuna Salad on a Kaiser Bun <hr/> Corned Beef & Cabbage Hash w/ Raisin Toast & Poached Eggs	Soup: Cream of Broccoli Snack: Morning Glory Muffin <hr/> Reuben Sandwich w/ Corned Beef, Sauerkraut, 1000 Island Dressing & Swiss Cheese <hr/> Vegetarian Quesadillas w/ Salsa & Guacamole & Cauliflower & Apple Salad	Soup: Butternut Squash w/ Apples Snack: Morning Glory Muffin <hr/> Reuben Sandwich w/ Corned Beef, Sauerkraut, 1000 Island Dressing & Swiss Cheese <hr/> Cobb Salad w/ Chicken, Walnuts & Boiled Egg w/ Garlic Toast	Soup: Soup of the Day Snack: Assorted <hr/> Vegetarian OR Pepperoni & Mushroom Pizza w/ Tossed Salad <hr/> Grilled Chicken Breast Burger w/ Sweet Potato Fries OR Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Pot Roast Dinner with Onion Gravy, Boiled Potatoes, Honey Glazed Carrots & Green Bean Almandine <hr/> Cherry Pie	Boneless Pork Chops w/ Sautéed Apples & Apricots, Roasted Potatoes, Broccoli & Sautéed Mushrooms <hr/> Fettuccine Alfredo w/ Shrimp, Caesar Salad & Garlic Toast <hr/> Fresh Cut Fruit w/ Berries	Wally Burger w/ Onion Rings & Carrot Salad <hr/> Southern Fried Chicken Thighs, Baked Potato w/ Sour Cream & Carrot Salad <hr/> Assorted Dessert	Porchetta Stuffed Pork Loin w/ Fresh Herbs, Boiled Potatoes w/ Butter & Steamed Vegetables <hr/> Vegetarian Manicotti w/ Caesar Salad & Garlic Bread Stick <hr/> Carrot Cake w/ Cream Cheese Icing	Cottage Cheese Perogies w/ Cream Sauce, Farmers Sausage, Fried Onions, Steamed Peas & Carrots <hr/> Chicken & Dumpling Stew w/ Strawberry & Spinach Salad <hr/> Ice Cream Sandwich	Baked Salmon w/ Dill, Mashed Potatoes, Sautéed Zucchini & Peppers <hr/> Turkey Schnitzel w/ Gravy, Mashed Potatoes, Sautéed Zucchini & Peppers <hr/> Vanilla Cupcakes w/ Buttercream Icing	BBQ Ribs with Baked Potato w/ Sour Cream, Braised Kale & Corn on the Cob <hr/> Strawberry & Rhubarb Crisp

MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7	8	9	10	11	12	13
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted <hr/> Spinach & Bell Pepper Omelette w/ Hash Browns & Fruit Slices <hr/> Chopped Ham & Relish Sandwich w/ Fruit Slices	Soup: Sweet Potato w/ Ginger & Lime Snack: Date Square <hr/> Grilled Ham & Havarti on French Bread <hr/> Chicken Fingers w/ French Fries or Tossed Salad	Soup: Vegetable Barley Snack: Date Square <hr/> Grilled Ham & Havarti on French Bread <hr/> Turkey Salad Sandwich w/ Broccoli Salad	Soup: Cream of Celery Snack: Banana Chocolate Loaf <hr/> Eggs (Most Styles), Bacon OR Sausage, Hash Browns & Fruit Salad <hr/> Meatball Sub w/ Mozzarella Cheese w/ Tossed Salad	Soup: Minestrone Snack: Mini Fruit Tart <hr/> Grilled Chicken & Avocado on Marble Rye <hr/> Potato & Cheddar Perogies w/ Fried Onions, Bacon Bits, Sour Cream & Grilled Kielbasa	Soup: Beef Vegetable Snack: Mini Fruit Tart <hr/> Grilled Chicken & Avocado on Marble Rye <hr/> Fancy Tuna Salad Sandwiches w/ Cream Cheese & Cucumbers	Soup: Soup of the Day Snack: Assorted <hr/> BLTC Sandwich w/ Carrot Salad <hr/> Wally Burger w/ French Fries OR Carrot Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Turkey Dinner, Stuffing, Cranberry Sauce, Gravy, Mashed Potatoes, Green Beans & Carrots <hr/> Pumpkin Pie w/ Whipped Cream	Shrimp Skewers, Brown Rice Pilaf, Cauliflower & Beets <hr/> Greek Chicken Skewers, Brown Rice Pilaf, Cauliflower & Beets <hr/> Jello Parfait	Salmon Burger w/ Spinach & Mandarin Orange Salad <hr/> Beef & Root Vegetable Stew w/ Sour Dough Bun <hr/> Assorted Desserts	Stuffed Chicken Breast with Broccoli & Cheese Filling, Boiled Potatoes, Peas & Corn <hr/> Peach Crisp w/ Ice Cream	Vegetarian Lasagna w/ Tossed Salad & Garlic Toast <hr/> Pork Schnitzel w/ Gravy, Boiled Potatoes, Braised Red Cabbage & Zucchini <hr/> German Chocolate Cake	Soup: Beef Vegetable Snack: Mini Fruit Salad <hr/> Grilled Chicken & Avocado on Marble Rye <hr/> Fancy Tuna Salad Sandwiches w/ Cream Cheese & Cucumbers	Sweet & Sour Chicken Balls, Vegetable Pancit, Stir Fry Vegetables & Lumpia <hr/> Pork Tenderloin, Vegetable Pancit, Stir Fry Vegetables & Lumpia <hr/> Rice Pudding

MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14	15	16	17	18	19	20
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted <hr/> Buttermilk Pancakes w/ Fruit Sauce, Bacon & Fruit Slices <hr/> Chef's Salad w/ Boiled Egg, Grilled Chicken & Multigrain Croissant	Soup: Cream of Mushroom & Wild Rice Snack: Fig Newton <hr/> Grilled Turkey & Provolone w/ Basil Pesto on Marble Rye <hr/> Pulled BBQ Pork on a Whole Wheat Kaiser Bun w/ Beet & Feta Salad	Soup: Chicken Noodle Snack: Fig Newton <hr/> Grilled Turkey & Provolone w/ Basil Pesto on Marble Rye <hr/> Taco Salad w/ Ground Beef, Lettuce, Tomato, Black Olives, Cheese, Sour Cream & Salsa	Soup: Cream of Tomato Snack: White Chocolate Macadamia Nut Cookie <hr/> Waffles w/ Turkey Sausage, Whipped Cream & Fruit Salad <hr/> Stuffed Potato w/ Mandarin Spinach Salad	Toasted Bacon, Lettuce, Tomato & Cheese Sandwich <hr/> Soup: Potato & Leek Snack: Peanut Butter Marshmallow Square <hr/> BBQ Chicken Wings w/ Caesar Salad	Soup: Cabbage Borscht w/ Dill Snack: Peanut Butter Marshmallow Square <hr/> Toasted Bacon, Lettuce, Tomato & Cheese Sandwich <hr/> Fancy Salmon Salad w/ Cucumber, Tomato & Cream Cheese	Soup: Soup of the Day Snack: Assorted <hr/> Eggs Benedict on a Tea Biscuit w/ Hollandaise Sauce, Back Bacon, Yogurt & Fruit Slices <hr/> Beef Dip Sandwich w/ French Fries OR Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Beef Dinner, Gravy, Mini Yorkshire Pudding, Mashed Potatoes, Peas & Carrots <hr/> Cherry Cheesecake	Thai Coconut Chicken Curry w/ Jasmine Rice & Vegetable Medley <hr/> Meat Tortiere w/ Gravy & Vegetable Medley <hr/> Banana Cream Pie	Haddock Fish & Chips w/ Homemade Tartar Sauce & Creamy Coleslaw <hr/> Roasted Pork Loin w/ Applesauce, Boiled Potatoes & Bistro Mix <hr/> Assorted Dessert	1/4 Roasted Chicken, Macaroni & Cheese, Brussels Sprouts & Beets <hr/> Carrot Cake w/ Cream Cheese Icing	Cottage Cheese Perogies w/ Cream Sauce & Fried Onions, Farmers Sausage, Broccoli & Cauliflower <hr/> Beef Stroganoff w/ Egg Noodles, Broccoli & Cauliflower <hr/> Fresh Fruit Salad w/ Berries	Lightly Breaded Pickerel, Boiled Potatoes w/ Butter & Sauteed Pepper & Zucchini <hr/> Chicken Penne Alfredo w/ Caesar Salad & Garlic Toast <hr/> Mixed Fruit Crisp w/ Ice Cream	Grilled Teriyaki Chicken Breast, Roasted Potatoes, Peas & Spaghetti Squash <hr/> Tapioca Pudding

MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
21	22	23	24	25	26	27
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted	Soup: Beef Noodle Snack: Mini Danish	Soup: Split Pea Snack: Mini Danish	Soup: Chicken Barley Snack: Fruit Filled Cookie	Soup: Scotch Broth Snack: Bran Muffin	Soup: Potato & Bacon Snack: Bran Muffin	Soup: Soup of the Day Snack: Assorted
Turkey & Vegetable Quesadilla w/ Sour Cream & Salsa	Reuben Sandwich w/ Corned Beef, Sauerkraut, 1000 Island Dressing & Swiss Cheese	Reuben Sandwich w/ Corned Beef, Sauerkraut, 1000 Island Dressing & Swiss Cheese	Spinach & Cheese Omelette, Toast & Fruit Salad	Grilled Cheese & Asparagus w/ Tomato	Grilled Cheese & Asparagus w/ Tomato	Scrambled Eggs, Bacon OR Sausage, Hash Browns, Toast & Fruit Slices
Cold Cut Plate w/ Potato Salad, Yogurt & Multigrain Croissant	Chef's Salad w/ Grilled Chicken, Candied Pecans & Apples w/ Tea Biscuit	Fish Filet Burger w/ Sweet Potato Fries OR Tossed Salad	Hot Roast Beef Sandwich w/ Potato Wedges or Tossed Salad	Chicken Fingers w/ French Fries OR Tossed Salad	Fancy Double Stuffed Egg Salad Sandwich	Italian Meat Sub w/ Potato Chips OR Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BBQ Ribs, Baby Potatoes, Corn on the Cob & Broccoli	Wally Cheeseburger w/ Onion Rings OR Broccoli Salad	Sweet & Sour Chicken Balls, Vegetable Fried Rice & Vegetable Spring Roll	Grilled Chicken Parmesan, Baby Potatoes, Sautéed Zucchini & Peppers	Grilled Farmers Sausage, Mashed Potatoes & Vegetable Medley	Baked Salmon w/ Fresh Dill, Lemon Potatoes & Green Bean Almandine & Corn	Roast Turkey Dinner, Cranberry Sauce, Stuffing, Gravy, Mashed Potatoes, Brussels Sprouts & Carrots
Pecan Pie	Baked Ham w/ Grilled Pineapple, Boiled Potatoes w/ Butter, Green Beans & Sautéed Mushrooms	Beef Cannelloni w/ Caesar Salad & Garlic Toast	Tiramisu	Vegetarian Lasagna w/ Caesar Salad & Garlic Bread Stick	Shepherd's Pie w/ Greek Salad	Orange Cream Cake
	Black Forest Cake	Assorted Desserts		Fresh Fruit Salad w/ Berries	Kit Kat Ice Cream Bar	

MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted <hr/> Buttermilk Pancakes w/ Bacon, Fruit Sauce & Fruit Slices <hr/> Smoked Salmon on a Multigrain Bagel w/ Cream Cheese	Soup: Cream of Broccoli Snack: Lemon Poppyseed Loaf <hr/> Grilled Ham & Havarti on French Bread <hr/> Tomato & Bell Pepper Quiche & Tossed Salad	Soup: Somma Borscht Snack: Lemon Poppyseed Loaf <hr/> Grilled Ham & Havarti on French Bread <hr/> Teriyaki Chicken Wings w/ Oil & Vinegar Coleslaw	Soup: Vegetable Mushroom Barley Snack: Assorted <hr/> Chicken Salad on a Kaiser Bun <hr/> Chef's Salad w/ Boiled Egg, Scoop of Tuna & Homemade Croutons	Soup: Chicken Noodle Snack: Chocolate Chip Cookie <hr/> Grilled Meatloaf Sandwich <hr/> BLTC Sandwich	Soup: Cream of Mushroom Snack: Chocolate Chip Cookie <hr/> Grilled Meatloaf Sandwich <hr/> Fancy Salmon Salad Sandwich w/ Cucumber & Cream Cheese	Soup: Soup of the Day Snack: Assorted <hr/> Ham & Pineapple OR Vegetarian Pizza w/ Tossed Salad <hr/> Waffles w/ Whipped Cream, Sausages & Fruit Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Stuffed Chicken Breast Filled w/ Ham & Swiss, Mashed Potatoes w/ Gravy, Peas & Cauliflower <hr/> Lemon Meringue Pie	Beef Stew w/ Dinner Roll & Carrot Salad <hr/> Pork Schnitzel, Boiled Potatoes w/ Butter, Braised Red Cabbage & Broccoli <hr/> Tropical Fruit Salad	Lightly Breaded Pickerei, Roasted Potatoes, Asparagus & Sautéed Mushrooms <hr/> Spaghetti & Meat Sauce, Caesar Salad & Garlic Toast <hr/> Assorted Desserts	Chicken Thighs w/ Spanish Sauce, Baked Potato w/ Sour Cream, Sautéed Peppers & Zucchini <hr/> Pork Tenderloin w/ Mushroom Gravy, Baked Potato w/ Sour Cream, Sautéed Peppers & Zucchini <hr/> Schokolade Bubba	Cottage Cheese Perogies w/ Cream Sauce & Fried Onions, Farmers Sausage & Romanesco Mix <hr/> Salisbury Steak w/ Onion Gravy, Mashed Potatoes & Romanesco Mix <hr/> Fresh Fruit Salad w/ Berries	Haddock Fish & Chips w/ Homemade Tartar Sauce, Beets & Corn <hr/> Grilled Teriyaki Chicken Strips, Rice Pilaf, Beets & Corn <hr/> Tapioca Pudding	Chicken Wellington, Mashed Potatoes, PEI Mix <hr/> Frozen Yogurt Bar