

## MEALS FOR THE CURRENT WEEK OF MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5	6	7	8	9	10	11
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted  Pineapple Carrot Jelly Salad, Potato Salad, Cheese Sticks, Rolled Ham & Croissant  Grilled Chicken Burger w/ Lettuce & Tomato w/ Onion Rings OR Tossed Salad	Soup: Cream of Tomato Snack: Morning Glory Muffin  Toasted Denver w/ Eggs, Ham, Cheese & Green Onion  Salmon Salad Sandwich on Marble Rye	Soup: Chicken & rice Snack: Brownie  Toasted Denver w/ Eggs, Ham, Cheese & Green Onion  Chef's Salad w/ Walnuts, Scoop of Tuna Salad, Lettuce, Tomato, Cucumbers, Carrots & Garlic Toast	Soup: Hearty Mushroom Barley Snack: Date Square  Stuffed French Toast, Turkey Sausage & Fruit Salad  Pulled BBQ Beef w/ Creamy Coleslaw on a Whole Wheat Kaiser Bun	Soup: Carrot & Almond Dill Snack: Lemon Square  Grilled Cheese w/ Tomato & Grilled Peppers  Fancy Double Stuffed Egg Salad Sandwiches	Soup: French Pea Snack: Berry Macaroon  Grilled Cheese w/ Tomato & Grilled Peppers  All Beef Hot Dog w/ Fried Onions & Baked Beans	Soup: Soup of the Day Snack: Assorted  Oatmeal w/ Brown Sugar & Sliced Peaches, Yogurt & Fruit Slices  Eggs Benedict w/ Poached Eggs, Hollandaise Sauce & Back Bacon on a Biscuit w/ Fruit Slices
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Pork Tenderloin w/ Apple Gravy, Mashed Potatoes, Braised Red Cabbage & Peas  Vegetarian Lasagna w/ Caesar Salad & Garlic Toast  Banana Cream Pie Fruit of the week: Orange	Grilled Mild Italian Sausages w/ Peppers, Caesar Salad & Garlic Bread Stick  Shrimp & Chicken Penne Alfredo w/ Tossed Salad  Apple Strudel Fruit of the week: Banana	1/4 Chicken Dinner w/ Mashed Potatoes & Bistro Mix  Assorted Desserts Fruit of the week: Banana	Shrimp Stuffed Sole, Scalloped Potatoes, Cauliflower & Corn  Salisbury Steak w/ Mushroom Gravy, Boiled Potatoes, Cauliflower & Corn  Tiramisu Fruit of the week: Banana	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage & Steamed Vegetables  Chicken Souvlaki w/ Tzatziki Sauce, Brown Rice Pilaf & Steamed Vegetables  Chocolate pudding with Cream Cheese Whipped Cream & Cookie Crumbs Fruit of the week: Banana	Lightly Breaded Pickarel, Baby Potatoes & Sauteed Zucchini & Carrots  Vegetarian Manicotti w/ Spinach & Strawberry Salad & Garlic Toast  Peach Pie with Whipped Cream Fruit of the week: Banana	BBQ Ribs, Baked Potato w/ Sour Cream, Broccoli & Corn  Fruit Crisp w/ Ice Cream Fruit of the week: Banana

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12	13	14	15	16	17	18
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted	Soup: Lentil Snack: Pecan Streusel	Soup: Cabbage Borscht Snack: Pecan Steusel	Soup: Hamburger Snack: Peanut Butter Cookie	Soup: Cream of Mushroom Snack: Blueberry Muffin	Soup: Beef Barley Snack: Blueberry Muffin	Soup: Soup of the day Snack: Assorted
Waffles w/ Fruit Sauce & Country Ham	Tuna Melt on French Bread	Tuna Melt on French Bread	BLTC Sandwich	Reuben on Marble Rye	Reuben on Marble Rye	Scrambled Eggs, Bacon OR Turkey Sausage, Toast, Hash Browns & Fruit Slices
Wally Mushroom Burger w/ French Fries OR Tossed Salad	Chicken Salad Sandwich on Marble Rye w/ Currants & Apples	Monte Cristo Sandwich	'BBQ Chicken Quesadillas w/ Salsa & Sour Cream	Chopped Ham & Relish Sandwich	'Chef's Salad w/ Boiled Egg, Cubed Cheese, Grilled Chicken & Tea Biscuit	Smoked Salmon on a Whole Wheat Bagel w/ Cream Cheese
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Turkey, Stuffing, Gravy, Mashed Potatoes, Brussels Sprouts & Honey Glazed Carrots	Beyond Meat Burger w/ Onion Rings OR Carrot Salad	Chicken Thighs in a Mushroom Cream Sauce, Wildrice Pilaf, Broccoli & Corn	Beef Pot Roast, Roasted Potatoes, Beets & Spaghetti Squash	Potato & Cheddar Perogies, Fried Onions, Grilled Kielbasa & Cauliflower & Apple Salad	Lightly Breaded Pickarel, Boiled Potatoes & Creamy Coleslaw	Grilled Chicken Parmesan, Stuffed Tomato, Potato Wedges & Sauteed Peppers
Pumpkin Pie w/ Whipped Cream Fruit of the week: Banana	Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast	Roasted Pork Loin Stuffed w/ Apricots & Prunes, Lemon Potatoes, Broccoli & Corn	Stained Glass Jello Fruit of the week: Apple	Chicken Adobo, Jasmine Rice, Lumpia & Steamed Carrots	Shepherd's Pie w/ Gravy & Vegetable Medley	Frozen Yogurt Bar Fruit of the week: Apple
	Tropical Fruit Salad Fruit of the week: Apple	Assorted Dessert Fruit of the week: Apple		Fresh Fruit Salad w/ Berries Fruit of the week: Apple	Bread Pudding w/ Toffee Sauce Fruit of the week: Apple	

## MEALS FOR THE CURRENT WEEK OF MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	20	21	22	23	24	25
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted	Soup: Hearty Vegetable Snack: Oatmeal Raisin Cookie	Soup: Bean & Tortilla Snack: Oatmeal Raisin Cookie	Soup: Cabbage Borscht Snack: Yogurt Cup	Soup: French Onion Snack: Mini Cream Tarts	Soup: Tukrey Noodle Snack: Mini Cream Tart	Soup: Soup of the Day Snack: Assorted
Pancakes w/ Peach Sauce, Yogurt & Fruit Slices	Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese & Italian Dressing	Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese & Italian Dressing	Nutella & Strawberry Crepes, Spinach, Walnut & Red Onion Salad	Grilled Cheese w/ Havarti, Tomato, Grilled Peppers & Onions	Grilled Cheese w/ Havarti, Tomato, Grilled Peppers & Onions	Pepperoni Pizza OR Vegetarian Pizza
Cobb Salad w/ Grilled Chicken, Apples, Cubed Cheese, & Boiled Egg w/ Garlic Toast	Vegetarian Chili w/ Tea Biscuit	Hot Turkey Sandwich w/ Gravy & Sweet Potato Fries OR Tossed Salad	Corned Beef Hash w/ Poached Eggs & Raisin Toast	Chicken Wellington w/ Side of Cream Sauce	'Fancy Tuna Sandwiches w/ Cream Cheese & Cucumbers	Mushroom & Bell Pepper Omelette w/ Tossed Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Baked Ham w/ Apple Sauce, Mashed Potatoes & Romanesco Mix	Honey Garlic Chicken Balls, Vegetable Pancit & Vegetable Spring Roll	Vegetarian Manicotti w/ Caesar Salad & Garlic Toast	Baked Salmon w/ Creamy Dill Sauce, Baby Potatoes, Cauliflower & Beets	Grilled Pork Chop, Roasted Potatoes, Braised Red Cabbage & Corn	Chicken Kabobs, tzatziki Sauce, Lemon Potatoes & Bistro Mix	Roasted 1/4 Chicken, Gravy, Mashed Potatoes, Butternut Squash and Zucchini
Swedish Meatballs, Rice Pilaf & Romanesco Mix	BBQ Spare Ribs, Vegetable Pancit & Vegetable Spring Roll	Cabbage Rolls w/ Boiled Potatoes & Garlic Sausage	Pork Schnitzel w/ Apple Gravy, Baby Potatoes, Cauliflower & Beets	Beef Stroganoff w/ Egg Noodles, Braised Red Cabbage & Corn	3 Cheese Tortellini w/ Shrimp, Caesar Salad & Garlic Toast	Kit Kat Ice Cream Bar
Black Forest Parfait Fruit of the week: Apple	(Cold) Vanilla Tapioca Pudding w/ Berries Fruit of the week: Banana	Assorted Desserts Fruit of the week: Banana	Strawberry Rhubarb Crisp w/ Ice Cream Fruit of the week: Banana	Carrot Cake w/ Cream Cheese Icing Fruit of the week: Banana	Fresh Fruit Salad w/ Berries & Cream Fruit of the week: Banana	Fruit of the week: Banana

## MEALS FOR THE CURRENT WEEK OF MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted <hr/> Turkey Club Sandwich on Rye <hr/> Toasted Cinnamon Bun, Ham Rolls & Yogurt	Soup: Cream of Mushroom Snack: Zucchini Loaf <hr/> Reuben on Marble Rye <hr/> Double Stuffed Fancy Egg Salad Sandwiches with Carrot Salad	Soup: Chicken Noodle Snack: Zucchini Loaf <hr/> Reuben on Marble Rye <hr/> Crab Salad Sandwich	Soup: Loaded Potato Bacon Snack: Macadamia Nut Cookie <hr/> Roast Beef & Swiss Cheese with Mustard & Mayo Sandwich <hr/> Scrambled Eggs, Bacon OR Sausage, Hashbrowns, Toast & Fruit Salad	Soup: Beef Barley Snack: Fig Newton <hr/> Grilled Chicken & Avocado on French Bread <hr/> Wally Cheeseburger w/ French Fries OR Tossed Salad	Soup: Carrot & Lentil Snack: Fig Newton <hr/> Grilled Chicken & Avocado on French Bread <hr/> Shrimp Po Boy in a Bun (Breaded Shrimp, Creamy Coleslaw)	Soup: Soup of the Day Snack: Assorted <hr/> Cold Plate: German Potato Salad, Creamy Coleslaw, Cold Cuts & Croissant <hr/> Meat Tortiere with Gravy & Tossed Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Beef, Gravy, Mini Yorkshire Pudding, Roasted Potatoes, Honey Glazed Carrots & Peas <hr/> Boston Cream Pie Fruit of the week: Banana	Turkey Schnitzel, Mashed Potatoes, Sauteed Mushrooms & Broccoli <hr/> Swiss Steak, Mashed Potatoes, Sauteed Mushrooms & Broccoli <hr/> Chocolate Cream Puff Fruit of the week: Orange	Lightly Dusted Chicken Wings w/ Macaroni & Cheese, Broccoli Salad <hr/> Beef Stew w/ Tossed Salad & Dinner Bun <hr/> Assorted Desserts Fruit of the week: Orange	BBQ Ribs, Baked Potato w/ Sour Cream, Oil & Vinegar Coleslaw & Corn on the Cob <hr/> Butterscotch Pudding w/ Whipped Cream & Cookie Crumb Fruit of the week: Orange	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage, Sauteed Zucchini & Peppers <hr/> Spaghetti & Meat Sauce with Garlic Toast & Caesar Salad <hr/> Mixed Fruit Crisp w/ Ice Cream Fruit of the week: Orange	Lightly Breaded Pickerel, Lemon Potatoes & Romanesco Mix <hr/> Red Thai Coconut Chicken Curry w/ Jasmine Rice & Romanesco Mix <hr/> Strawberry Rhubarb Pie Fruit of the week: Orange	Roasted Chicken Drumsticks, Mashed Potatoes, Cauliflower & Beets <hr/> Liver & Onions, Mashed Potatoes, Cauliflower & Beets <hr/> Fresh Fruit Salad w/ Berries & Cream Fruit of the week: Orange

## MEALS FOR THE CURRENT WEEK OF JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted	Soup: Beef Vegetable Snack: Bran Muffin	Soup: Ham & Potato Snack: Bran Muffin	Soup: Beet Borscht Snack: Lemon Macaroon	Soup: Chicken & Rice Snack: Brownie	Soup: Minestrone Snack: Brownie	Soup: Soup of the Day Snack: Assorted
Beef Taco Salad w/ Salsa & Sour Cream	Grilled Ham & Havarti with Mustard Aioli on French Bread	Grilled Ham & Havarti with Mustard Aioli on French Bread	Eggs, Bacon OR Sausage, Hashbrowns, Toast & Fruit Salad	Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese	Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese	Waffles w/ Fruit Sauce, Grilled Ham & Fruit Salad
Oatmeal w/ Brown Sugar & Sliced Peaches, Yogurt & Fruit Slices	Vegetarian Chili w/ Tea Biscuit	Pulled BBQ Beef on a Whole Wheat Kaiser Bun	Chef's Salad w/ Candied Walnuts, Pears, Parmesan, Grilled Chicken & Poppy Seed Dressing	Stuffed Potato w/ Bell Pepper, Corn, & Cheese & Tossed Salad	'Fried Egg & Cheese Sandwich w/ Grilled Bologna on a Whole Wheat Kaiser Bun	Chicken Fingers w/ Sweet Potato Fries OR Tossed Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Turkey, Stuffing, Gravy, Boiled Potatoes & Broccoli Casserole	Shrimp Kabobs, Cocktail Sauce, Rice Pilaf w/ Cauliflower & Apple Salad	Kung Pao Chicken, Vegetable Pancit & Vegetable Spring Roll	Haddock Fish & Chips w/ 3 Bean Salad	Pork Chops w/ Apple Gravy, Mashed Potatoes, Green Bean Almandine & Carrots	Salmon Burger w/ Potato Wedges & Greek Salad	Roast Beef, Gravy, Mini Yorkshire Pudding, Scalloped Potatoes & Romanesco Mix
Pumpkin Pie with Whipped Cream Fruit of the week: Orange	Terikayi Chicken Strips, Rice Pilaf & Vegetable Spring Roll	Meatloaf w/ Ketchup Sauce, Mashed Potatoes & Bistro Mix	Chicken & Dumpling Stew with Tossed Salad & Dinner Roll	Potato & Cheddar Perogies, Fried Onions, Bacon Bits, Grilled Kielbasa, Green Bean Almandine & Carrots	Pork Schnitzel, Roasted Potatoes, Corn & Cauliflower	Bread Pudding w/ Toffee Sauce Fruit of the week: Banana
	Vanilla Pudding w/ Berry Sauce & Whipped Cream Fruit of the week: Banana	Assorted Dessert Fruit of the week: Banana	Orange Cream Cake Fruit of the week: Banana	Fresh Fruit Salad w/ Berries & Cream Fruit of the week: Banana	Ice Cream Drumstick Fruit of the week: Banana	

