

# MEALS FOR THE CURRENT WEEK OF MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5	6	7	8	9	10	11
<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Soup of the Day Snack: Assorted</p> <hr/> <p>Pineapple Carrot Jelly Salad, Potato Salad, Cheese Sticks, Rolled Ham &amp; Croissant</p> <hr/> <p>Grilled Chicken Burger w/ Lettuce &amp; Tomato w/ Onion Rings OR Tossed Salad</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Cream of Tomato Snack: Morning Glory Muffin</p> <hr/> <p>Toasted Denver w/ Eggs, Ham, Cheese &amp; Green Onion</p> <hr/> <p>Salmon Salad Sandwich on Marble Rye</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Chicken &amp; rice Snack: Brownie</p> <hr/> <p>Toasted Denver w/ Eggs, Ham, Cheese &amp; Green Onion</p> <hr/> <p>Chef's Salad w/ Walnuts, Scoop of Tuna Salad, Lettuce, Tomato, Cucumbers, Carrots &amp; Garlic Toast</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Hearty Mushroom Barley Snack: Date Square</p> <hr/> <p>Stuffed French Toast, Turkey Sausage &amp; Fruit Salad</p> <hr/> <p>Pulled BBQ Beef w/ Creamy Coleslaw on a Whole Wheat Kaiser Bun</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Carrot &amp; Almond Dill Snack: Lemon Square</p> <hr/> <p>Grilled Cheese w/ Tomato &amp; Grilled Peppers</p> <hr/> <p>Fancy Double Stuffed Egg Salad Sandwiches</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: French Pea Snack: Berry Macaroon</p> <hr/> <p>Grilled Cheese w/ Tomato &amp; Grilled Peppers</p> <hr/> <p>All Beef Hot Dog w/ Fried Onions &amp; Baked Beans</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Soup of the Day Snack: Assorted</p> <hr/> <p>Oatmeal w/ Brown Sugar &amp; Sliced Peaches, Yogurt &amp; Fruit Slices</p> <hr/> <p>Eggs Benedict w/ Poached Eggs, Hollandaise Sauce &amp; Back Bacon on a Biscuit w/ Fruit Slices</p>
<p style="text-align: center;"><b>Dinner</b></p> <p>Roast Pork Tenderloin w/ Apple Gravy, Mashed Potatoes, Braised Red Cabbage &amp; Peas</p> <hr/> <p>Vegetarian Lasagna w/ Caesar Salad &amp; Garlic Toast</p> <hr/> <p>Banana Cream Pie Fruit of the week: Orange</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Grilled Mild Italian Sausages w/ Peppers, Caesar Salad &amp; Garlic Bread Stick</p> <hr/> <p>Shrimp &amp; Chicken Penne Alfredo w/ Tossed Salad</p> <hr/> <p>Apple Strudel Fruit of the week: Banana</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>1/4 Chicken Dinner w/ Mashed Potatoes &amp; Bistro Mix</p> <hr/> <p>Assorted Desserts Fruit of the week: Banana</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Shrimp Stuffed Sole, Scalloped Potatoes, Cauliflower &amp; Corn</p> <hr/> <p>Salisbury Steak w/ Mushroom Gravy, Boiled Potatoes, Cauliflower &amp; Corn</p> <hr/> <p>Tiramisu Fruit of the week: Banana</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage &amp; Steamed Vegetables</p> <hr/> <p>Chicken Souvlaki w/ Tzatziki Sauce, Brown Rice Pilaf &amp; Steamed Vegetables</p> <hr/> <p>Chocolate pudding with Cream Cheese Whipped Cream &amp; Cookie Crumbs Fruit of the week: Banana</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Lightly Breaded Pickereel, Baby Potatoes &amp; Sauteed Zucchini &amp; Carrots</p> <hr/> <p>Vegetarian Manicotti w/ Spinach &amp; Strawberry Salad &amp; Garlic Toast</p> <hr/> <p>Peach Pie with Whipped Cream Fruit of the week: Banana</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>BBQ Ribs, Baked Potato w/ Sour Cream, Broccoli &amp; Corn</p> <hr/> <p>Fruit Crisp w/ Ice Cream Fruit of the week: Banana</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted	Soup: Lentil Snack: Pecan Streusel	Soup: Cabbage Borscht Snack: Pecan Steusel	Soup: Hamburger Snack: Peanut Butter Cookie	Soup: Cream of Mushroom Snack: Blueberry Muffin	Soup: Beef Barley Snack: Blueberry Muffin	Soup: Soup of the day Snack: Assorted
Waffles w/ Fruit Sauce & Country Ham	Tuna Melt on French Bread	Tuna Melt on French Bread	BLTC Sandwich	Reuben on Marble Rye	Reuben on Marble Rye	Scrambled Eggs, Bacon OR Turkey Sausage, Toast, Hash Browns & Fruit Slices
Wally Mushroom Burger w/ French Fries OR Tossed Salad	Chicken Salad Sandwich on Marble Rye w/ Currants & Apples	Monte Cristo Sandwich	'BBQ Chicken Quesadillas w/ Salsa & Sour Cream	Chopped Ham & Relish Sandwich	'Chef's Salad w/ Boiled Egg, Cubed Cheese, Grilled Chicken & Tea Biscuit	Smoked Salmon on a Whole Wheat Bagel w/ Cream Cheese
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Turkey, Stuffing, Gravy, Mashed Potatoes, Brussels Sprouts & Honey Glazed Carrots	Beyond Meat Burger w/ Onion Rings OR Carrot Salad	Chicken Thighs in a Mushroom Cream Sauce, Wildrice Pilaf, Broccoli & Corn	Beef Pot Roast, Roasted Potatoes, Beets & Spaghetti Squash	Potato & Cheddar Perogies, Fried Onions, Grilled Kielbasa & Cauliflower & Apple Salad	Lightly Breaded Pickerei, Boiled Potatoes & Creamy Coleslaw	Grilled Chicken Parmesan, Stuffed Tomato, Potato Wedges & Sauteed Peppers
Pumpkin Pie w/ Whipped Cream Fruit of the week: Banana	Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast	Roasted Pork Loin Stuffed w/ Apricots & Prunes, Lemon Potatoes, Broccoli & Corn	Stained Glass Jello Fruit of the week: Apple	Chicken Adobo, Jasmine Rice, Lumpia & Steamed Carrots	Shepherd's Pie w/ Gravy & Vegetable Medley	Frozen Yogurt Bar Fruit of the week: Apple
	Tropical Fruit Salad Fruit of the week: Apple	Assorted Dessert Fruit of the week: Apple		Fresh Fruit Salad w/ Berries Fruit of the week: Apple	Bread Pudding w/ Toffee Sauce Fruit of the week: Apple	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted	Soup: Hearty Vegetable Snack: Oatmeal Raisin Cookie	Soup: Bean & Tortilla Snack: Oatmeal Raisin Cookie	Soup: Cabbage Borscht Snack: Yogurt Cup	Soup: French Onion Snack: Mini Cream Tarts	Soup: Tukrey Noodle Snack: Mini Cream Tart	Soup: Soup of the Day Snack: Assorted
Pancakes w/ Peach Sauce, Yogurt & Fruit Slices	Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese & Italian Dressing	Hot Turkey Sandwich w/ Gravy & Sweet Potato Fries OR Tossed Salad	Nutella & Strawberry Crepes, Spinach, Walnut & Red Onion Salad	Grilled Cheese w/ Havarti, Tomato, Grilled Peppers & Onions	Grilled Cheese w/ Havarti, Tomato, Grilled Peppers & Onions	Pepperoni Pizza OR Vegetarian Pizza
Cobb Salad w/ Grilled Chicken, Apples, Cubed Cheese, & Boiled Egg w/ Garlic Toast	Vegetarian Chili w/ Tea Biscuit		Corned Beef Hash w/ Poached Eggs & Raisin Toast	Chicken Wellington w/ Side of Cream Sauce	'Fancy Tuna Sandwiches w/ Cream Cheese & Cucumbers	Mushroom & Bell Pepper Omelette w/ Tossed Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Baked Ham w/ Apple Sauce, Mashed Potatoes & Romanesco Mix	Honey Garlic Chicken Balls, Vegetable Pancit & Vegetable Spring Roll	Vegetarian Manicotti w/ Caesar Salad & Garlic Toast	Baked Salmon w/ Creamy Dill Sauce, Baby Potatoes, Cauliflower & Beets	Grilled Pork Chop, Roasted Potatoes, Braised Red Cabbage & Corn	Chicken Kabobs, tzatziki Sauce, Lemon Potatoes & Bistro Mix	Roasted 1/4 Chicken, Gravy, Mashed Potatoes, Butternut Squash and Zucchini
Swedish Meatballs, Rice Pilaf & Romanesco Mix	BBQ Spare Ribs, Vegetable Pancit & Vegetable Spring Roll	Cabbage Rolls w/ Boiled Potatoes & Garlic Sausage	Pork Schnitzel w/ Apple Gravy, Baby Potatoes, Cauliflower & Beets	Beef Stroganoff w/ Egg Noodles, Braised Red Cabbage & Corn	3 Cheese Tortellini w/ Shrimp, Caesar Salad & Garlic Toast	Kit Kat Ice Cream Bar
Black Forest Parfait Fruit of the week: Apple	(Cold) Vanilla Tapioca Pudding w/ Berries Fruit of the week: Banana	Assorted Desserts Fruit of the week: Banana	Strawberry Rhubarb Crisp w/ Ice Cream Fruit of the week: Banana	Carrot Cake w/ Cream Cheese Icing Fruit of the week: Banana	Fresh Fruit Salad w/ Berries & Cream Fruit of the week: Banana	Fruit of the week: Banana

## MEALS FOR THE CURRENT WEEK OF MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted	Soup: Cream of Mushroom Snack: Zucchini Loaf	Soup: Chicken Noodle Snack: Zucchini Loaf	Soup: Loaded Potato Bacon Snack: Macadamia Nut Cookie	Soup: Beef Barley Snack: Fig Newton	Soup: Carrot & Lentil Snack: Fig Newton	Soup: Soup of the Day Snack: Assorted
Turkey Club Sandwich on Rye	Reuben on Marble Rye	Reuben on Marble Rye	Roast Beef & Swiss Cheese with Mustard & Mayo Sandwich	Grilled Chicken & Avocado on French Bread	Grilled Chicken & Avocado on French Bread	Cold Plate: German Potato Salad, Creamy Coleslaw, Cold Cuts & Croissant
Toasted Cinnamon Bun, Ham Rolls & Yogurt	Double Stuffed Fancy Egg Salad Sandwiches with Carrot Salad	Crab Salad Sandwich	Scrambled Eggs, Bacon OR Sausage, Hashbrowns, Toast & Fruit Salad	Wally Cheeseburger w/ French Fries OR Tossed Salad	Shrimp Po Boy in a Bun (Breaded Shrimp, Creamy Coleslaw)	Meat Tortiere with Gravy & Tossed Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Beef, Gravy, Mini Yorkshire Pudding, Roasted Potatoes, Honey Glazed Carrots & Peas	Turkey Schnitzel, Mashed Potatoes, Sauteed Mushrooms & Broccoli	Lightly Dusted Chicken Wings w/ Macaroni & Cheese, Broccoli Salad	BBQ Ribs, Baked Potato w/ Sour Cream, Oil & Vinegar Coleslaw & Corn on the Cob	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage, Sauteed Zucchini & Peppers	Lightly Breaded Pickerel, Lemon Potatoes & Romanesco Mix	Roasted Chicken Drumsticks, Mashed Potatoes, Cauliflower & Beets
Boston Cream Pie Fruit of the week: Banana	Swiss Steak, Mashed Potatoes, Sauteed Mushrooms & Broccoli	Beef Stew w/ Tossed Salad & Dinner Bun	Butterscotch Pudding w/ Whipped Cream & Cookie Crumb Fruit of the week: Orange	Spaghetti & Meat Sauce with Garlic Toast & Caesar Salad	Red Thai Coconut Chicken Curry w/ Jasmine Rice & Romanesco Mix	Liver & Onions, Mashed Potatoes, Cauliflower & Beets
	Chocolate Cream Puff Fruit of the week: Orange	Assorted Desserts Fruit of the week: Orange		Mixed Fruit Crisp w/ Ice Cream Fruit of the week: Orange	Strawberry Rhubarb Pie Fruit of the week: Orange	Fresh Fruit Salad w/ Berries & Cream Fruit of the week: Orange

## MEALS FOR THE CURRENT WEEK OF JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Soup of the Day Snack: Assorted</p> <hr/> <p>Beef Taco Salad w/ Salsa &amp; Sour Cream</p> <hr/> <p>Oatmeal w/ Brown Sugar &amp; Sliced Peaches, Yogurt &amp; Fruit Slices</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Beef Vegetable Snack: Bran Muffin</p> <hr/> <p>Grilled Ham &amp; Havarti with Mustard Aioli on French Bread</p> <hr/> <p>Vegetarian Chili w/ Tea Biscuit</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Ham &amp; Potato Snack: Bran Muffin</p> <hr/> <p>Pulled BBQ Beef on a Whole Wheat Kaiser Bun</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Beet Borscht Snack: Lemon Macaroon</p> <hr/> <p>Eggs, Bacon OR Sausage, Hashbrowns, Toast &amp; Fruit Salad</p> <hr/> <p>Chef's Salad w/ Candied Walnuts, Pears, Parmesan, Grilled Chicken &amp; Poppy Seed Dressing</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Chicken &amp; Rice Snack: Brownie</p> <hr/> <p>Turkey Sub w/ Turkey, Lettuce, Tomato &amp; Cheese</p> <hr/> <p>Stuffed Potato w/ Bell Pepper, Corn, &amp; Cheese &amp; Tossed Salad</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Minetrone Snack: Brownie</p> <hr/> <p>Turkey Sub w/ Turkey, Lettuce, Tomato &amp; Cheese</p> <hr/> <p>'Fried Egg &amp; Cheese Sandwich w/ Grilled Bologna on a Whole Wheat Kaiser Bun</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Soup of the Day Snack: Assorted</p> <hr/> <p>Waffles w/ Fruit Sauce, Grilled Ham &amp; Fruit Salad</p> <hr/> <p>Chicken Fingers w/ Sweet Potato Fries OR Tossed Salad</p>
<p style="text-align: center;"><b>Dinner</b></p> <p>Roast Turkey, Stuffing, Gravy, Boiled Potatoes &amp; Broccoli Casserole</p> <hr/> <p>Pumpkin Pie with Whipped Cream Fruit of the week: Orange</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Shrimp Kabobs, Cocktail Sauce, Rice Pilaf w/ Cauliflower &amp; Apple Salad</p> <hr/> <p>Terikayi Chicken Strips, Rice Pilaf &amp; Vegetable Spring Roll</p> <hr/> <p>Vanilla Pudding w/ Berry Sauce &amp; Whipped Cream Fruit of the week: Banana</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Kung Pao Chicken, Vegetable Pancit &amp; Vegetable Spring Roll</p> <hr/> <p>Meatloaf w/ Ketchup Sauce, Mashed Potatoes &amp; Bistro Mix</p> <hr/> <p>Assorted Dessert Fruit of the week: Banana</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Haddock Fish &amp; Chips w/ 3 Bean Salad</p> <hr/> <p>Chicken &amp; Dumpling Stew with Tossed Salad &amp; Dinner Roll</p> <hr/> <p>Orange Cream Cake Fruit of the week: Banana</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Pork Chops w/ Apple Gravy, Mashed Potatoes, Green Bean Almandine &amp; Carrots</p> <hr/> <p>Potato &amp; Cheddar Perogies, Fried Onions, Bacon Bits, Grilled Kielbasa, Green Bean Almandine &amp; Carrots</p> <hr/> <p>Fresh Fruit Salad w/ Berries &amp; Cream Fruit of the week: Banana</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Salmon Burger w/ Potato Wedges &amp; Greek Salad</p> <hr/> <p>Pork Schnitzel, Roasted Potatoes, Corn &amp; Cauliflower</p> <hr/> <p>Ice Cream Drumstick Fruit of the week: Banana</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Roast Beef, Gravy, Mini Yorkshire Pudding, Scalloped Potatoes &amp; Romanesco Mix</p> <hr/> <p>Bread Pudding w/ Toffee Sauce Fruit of the week: Banana</p>

