

MEALS FOR THE CURRENT WEEK OF JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9	10	11	12	13	14	15
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted ----- Pineapple Carrot Jelly Salad, Potato Salad, Cheese Sticks & Rolled Ham ----- Grilled Chicken Burger w/ Lettuce & Tomato w/ Onion Rings OR Tossed Salad	Soup: Cream of Tomato Snack: Chocolate Muffin ----- Toasted Denver w/ Eggs, Ham, Cheese & Green Onion ----- Salmon Salad Sandwich on Marble Rye	Soup: Mushroom Barley Snack: Caramel Vanilla Cake ----- Toasted Denver w/ Eggs, Ham, Cheese & Green Onion ----- Chef's Salad w/ Sliced Apples, Candied Walnuts, Scoop of Tuna Salad, Lettuce, Tomato, Cucumbers, Carrots & Garlic Toast	Soup: Mushroom Barley Snack: Date Square ----- Cream Cheese Stuffed French Toast, Sausage & Fruit Salad ----- Pulled BBQ Beef on a Whole Wheat Kaiser Bun	Soup: Carrot & Almond Snack: Butterscotch Square ----- Grilled Cheese Sandwich w/ Tomato & Asparagus ----- Fancy Double Stuffed Egg Salad Sandwiches	Soup: French Pea Snack: Butterscotch Square ----- Grilled Cheese w/ Tomato & Asparagus ----- All Beef Hot Dog w/ Fried Onions & Baked Beans	Soup: Soup of the Day Snack: Assorted ----- Oatmeal w/ Brown Sugar & Peach Slices, Yogurt & Fruit Slices ----- Eggs Benedict w/ Poached Eggs, Hollandaise Sauce & Back Bacon on a Biscuit w/ Fruit Slices
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Pork Tenderloin w/ Apple Gravy, Mashed Potatoes, Braised Red Cabbage & Peas ----- Vegetarian Lasagna w/ Caesar Salad & Garlic Toast ----- Blueberry Pie Fruit of the week: Banana	Grilled Italian Sausages w/ Peppers, Caesar Salad & Garlic Bread Stick ----- Shrimp & Chicken Penne Alfredo w/ Tossed Salad ----- Apple Strudel Fruit of the week: Apple	1/4 Roasted Chicken, Mashed Potatoes & California Vegetable Mix ----- Assorted Desserts Fruit of the week: Apple	Shrimp Stuffed Sole, Scalloped Potatoes, Cauliflower & Corn ----- Salisbury Steak w/ Mushroom Gravy, Boiled Potatoes, Cauliflower & Corn ----- Tiramisu Fruit of the week: apple	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage & Steamed Vegetables ----- Chicken Souvlaki w/ Tzatziki Sauce, Brown Rice Pilaf & Steamed Vegetables ----- Chocolate Pudding with Whipped Cream Fruit of the week: Apple	Lightly Breaded Pickerel, Baby Potatoes & Sauteed Zucchini & Peppers ----- Vegetarian Manicotti w/ Spinach & Strawberry Salad & Garlic Toast ----- Fresh Fruit Salad w/ Berries Fruit of the week: Apple	BBQ Ribs, Baked Potato w/ Sour Cream, Broccoli & Corn ----- Peach Crisp with Ice Cream Fruit of the week: Apple

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MEALS FOR THE CURRENT WEEK OF JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16	17	18	19	20	21	22
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted	Soup: Lentil Snack: Pecan Struesel	Soup: Cabbage Borscht Snack: Pecan Struesel	Soup: Hamburger Snack: Peanut Butter Cookie	Soup: Cream of Mushroom Snack: Blueberry Muffin	Soup: Beef Barley Snack: Blueberry Muffin	Soup: Soup of the Day Snack: Assorted
Waffles w/ Fruit Sauce & Country Ham	Tuna Melt on French Bread	Tuna Melt on French Bread	BLTC Sandwich	Reuben on Marble Rye	Reuben on Marble Rye	Scrambled Eggs, Bacon OR Turkey Sausage, Toast, Hash Browns & Fruit Slices
Wally Mushroom Burger w/ French Fries OR Tossed Salad	Chicken Salad Sandwich w/ Currants & Apples	Monte Cristo Sandwich	BBQ Chicken Quesadillas w/ Salsa & Sour Cream	Chopped Ham & Relish Sandwich	Chef's Salad w/ Boiled Egg, Cubed Cheese, Grilled Chicken & Tea Biscuit	Smoked Salmon on a Whole Wheat Bagel w/ Cream Cheese
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roasted Turkey, Stuffing, Gravy, Mashed Potatoes, Brussels Sprouts & Honey Glazed Carrots	Fish Burger w/ Onion Rings OR Carrot Salad	Chicken Thighs in a Mushroom Cream Sauce, Wildrice Pilaf, Broccoli & Corn	Beef Pot Roast, Roasted Potatoes, Beets & Spaghetti Squash	Potato & Cheddar Perogies, Fried Onions, Grilled Kielbasa & Cauliflower & Apple Salad	Lightly Breaded Pickerele, Boiled Potatoes & Creamy Coleslaw	Chicken Kiev, Potato Wedges & Mexican Vegetable Mix
Pumpkin Pie w/ Whipped Cream Fruit of the week: Apple	Spaghetti & Meatballs in Tomato Sauce w/ Caesar Salad & Garlic Toast	Roasted Pork Loin Stuffed w/ Apricots & Prunes, Lemon Potatoes, Broccoli & Corn	Stained Glass Jello Parfait	Chicken Adobo, Jasmine Rice, Lumpia & Steamed Carrots	Shepherd's Pie w/ Gravy & Vegetable Medley	Frozen Yogurt Bar Fruit of the week: Banana
	Tropical Fruit Salad Fruit of the week: Banana	Assorted Dessert Fruit of the week: Banana		Fresh Fruit Parfait Fruit of the week: Banana	Bread Pudding w/ Toffee Sauce Fruit of the week: Banana	

MEALS FOR THE CURRENT WEEK OF JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	29
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted <hr/> Pancakes w/ Peaches, Yogurt & Fruit Slices <hr/> Cobb Salad w/ Grilled Chicken, Apples, Cubed Cheese, & Boiled Egg w/ Garlic Toast	Soup: Hearty Vegetable Soup Snack: Oatmeal Raisin Cookie <hr/> Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese & Italian Dressing <hr/> Vegetarian Chili w/ Tea Biscuit	Soup: Cream of Broccoli Snack: Oatmeal Raisin Cookie <hr/> Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese & Italian Dressing <hr/> Hot Turkey Sandwich w/ Gravy & Sweet Potato Fries OR Tossed Salad	Soup: Cabbage Borscht Snack: Yogurt Cup <hr/> Nutella & Strawberry Crepes, Bacon & Spinach & Strawberry Salad <hr/> Corned Beef Hash w/ Poached Eggs & Raisin Toast	Soup: French Onion Snack: Mini Tart <hr/> Grilled Cheese w/ Havarti, Asparagus, Bell Peppers & Onions <hr/> Chicken Wellington w/ Side of Cream Sauce	Soup: Turkey Noodle Snack: Mini Tart <hr/> Grilled Cheese w/ Havarti, Asparagus, Bell Peppers & Onions <hr/> Fancy Tuna Sandwiches w/ Cream Cheese & Cucumbers	Soup: Soup of the Day Snack: Assorted <hr/> Meat Lover Pizza OR Vegetarian Pizza <hr/> Mushroom & Bell Pepper Omelette w/ Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Ham w/ Apple Sauce, Mashed Potatoes & Kale Vegetable Mix <hr/> Swedish Meatballs, Rice Pilaf & Kale Vegetable Mix <hr/> Black Forest Parfait Fruit of the week: Banana	Sweet & Sour Chicken Balls, Vegetable Noodle Stir Fry & Vegetable Spring Roll <hr/> BBQ Spare Ribs, Vegetable Noodle Stir Fry & Vegetable Spring Roll <hr/> Cold Tapioca Pudding W/ Mango Sauce Fruit of the Week: Orange	Vegetarian Manicotti w/ Caesar Salad & Garlic Toast <hr/> Cabbage Rolls w/ Boiled Potatoes & Garlic Sausage <hr/> Assorted Desserts Fruit of the week: Orange	Baked Salmon w/ Lemon & Dill, Baby Potatoes, Cucumber Beet Salad <hr/> Pork Schnitzel w/ Apple Gravy, Baby Potatoes, Cucumber Beet Salad <hr/> Strawberry Rhubarb Crisp w/ Ice Cream Fruit of the Week: Orange	Grilled Pork Chop, Roasted Potatoes, Braised Red Cabbage & Corn <hr/> Beef Stroganoff w/ Egg Noodles, Braised Red Cabbage & Corn <hr/> Vanilla Caramel Cake with Whipped Cream Fruit of the Week: Orange	Lightly Breaded Pickarel, Lemon Potatoes & Italian Vegetable Mix <hr/> 3 Cheese Tortellini w/ Shrimp, Caesar Salad & Garlic Toast <hr/> Fresh Fruit Salad w/ Berries Fruit of the Week: Orange	Stuffed Chicken Breast with Broccoli & Cheddar, Mashed Potatoes, Florentine Vegetable Mix <hr/> Vanilla or Chocolate Ice Cream Bar Fruit of the Week: Orange

MEALS FOR THE CURRENT WEEK OF JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted <hr/> BLTC Sandwich <hr/> Toasted Cinnamon Bun, Yogurt Cup & Fruit Salad	Soup: Cream of Mushroom Snack: Apple Oatmeal Muffin <hr/> Reuben on Marble Rye <hr/> Double Stuffed Fancy Egg Salad Sandwiches	Soup: Chicken Noodle Snack: Apple Oatmeal Muffin <hr/> Reuben on Marble Rye <hr/> Crab Salad Sandwich	Soup: Minetrone Snack: White Chocolate Macadamia Cookies <hr/> Cold Roast Beef & Swiss Sandwich with Mustard <hr/> Eggs, Bacon OR Sausage, Hashbrowns, Toast & Fruit Salad	Soup: Beef Barley Snack: Fig Newtons <hr/> Grilled Chicken & Avocado on French Bread <hr/> Wally Cheeseburger w/ French Fries OR Tossed Salad	Soup: Lentil Snack: Fig Newtons <hr/> Grilled Chicken & Avocado on French Bread <hr/> 'Shrimp Po Boy Sandwich	Soup: Soup of the Day Snack: Assorted <hr/> Salad Plate: German Potato Salad, Creamy Coleslaw, Cold Cuts & Croissant <hr/> Meat Tortiere w/ Gravy & Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Beef Dinner, Gravy, Mini Yorkshire Pudding, Roasted Potatoes, Honey Glazed Carrots & Peas <hr/> Chocolate Cream Pie Fruit of the Week: Orange	Turkey Schnitzel, Mashed Potatoes, Sautéed Mushrooms & Broccoli <hr/> Swiss Steak, Mashed Potatoes, Sautéed Mushrooms & Broccoli <hr/> Mini Cream Puffs Fruit of the Week: Banana	Lightly Dusted Chicken Wings w/ Macaroni & Cheese & Broccoli Salad <hr/> Beef Stew w/ Tossed Salad & Dinner Bun <hr/> Assorted Desserts Fruit of the Week: Banana	BBQ Ribs, Baked Potato w/ Sour Cream, Oil & Vinegar Coleslaw & Corn on the Cob <hr/> Butterscotch Pudding Fruit of the Week: Banana	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage, Sautéed Zucchini & Peppers <hr/> Chicken Kabobs, Baby Potatoes, Sautéed Zucchini & Peppers <hr/> Mixed Fruit Crisp w/ Ice Cream Fruit of the week: Banana	Lightly Breaded Pickerel, Lemon Potatoes & Kale Vegetable Mix <hr/> Red Thai Coconut Chicken Curry w/ Jasmine Rice & Kale Vegetable Mix <hr/> Hot Rice Pudding Fruit of the Week: Banana	Roasted Chicken Drumsticks, Mashed Potatoes, Cauliflower & Beets <hr/> Liver & Onions, Mashed Potatoes, Cauliflower & Beets <hr/> Fresh Fruit Salad w/ Berries Fruit of the week: Banana

MEALS FOR THE CURRENT WEEK OF JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7	8	9	10	11	12	13
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted	Soup: Beef Vegetable Snack: Carrot Muffin	Soup: Potato Bacon Snack: Carrot Muffin	Soup: Beet Borscht Snack: Lemon Square	Soup: Chicken & Rice Snack: Assorted Brownies	Soup: Meatball Soup Snack: Assorted Brownies	Soup: Soup of the Day Snack: Assorted
Beef Taco Salad w/ Salsa & Sour Cream	Grilled Ham & Havarti w/ Grilled Peppers	Grilled Ham & Havarti w/ Grilled Peppers	Scrambled Eggs, Bacon OR Sausage, Hashbrowns, Toast & Fruit Salad	Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese	Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese	Waffles w/ Fruit Sauce, Grilled Ham & Fruit Salad
Oatmeal w/ Brown Sugar & Sliced Peaches, Yogurt & Fruit Slices	Vegetarian Chili w/ Tea Biscuit	Pulled BBQ Beef on a Whole Wheat Kaiser Bun	'Chef's Salad w/ Candied Walnuts, Pears, Parmesan, Grilled Chicken with Garlic Bread Stick	Stuffed Potato w/ Bell Pepper, Corn, & Cheese	Fried Egg & Cheese Sandwich w/ Grilled Bologna on a Whole Wheat Kaiser Bun	Chicken Fingers w/ Sweet Potato Fries OR Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Turkey Dinner, Stuffing, Gravy, Boiled Potatoes & Broccoli Casserole	Shrimp Kabobs, Rice Pilaf w/ Cauliflower & Apple Salad	Kung Pao Chicken, Vegetable Fried Rice & Vegetable Spring Roll	Haddock Fish & Chips w/ 3 Bean Salad	Pork Chops w/ Apple Gravy, Mashed Potatoes, Green Bean Almandine & Carrots	Salmon Burger w/ Potato Wedges & Greek Salad	Pot Roast Dinner, Gravy, Mini Yorkshire Pudding, Scalloped Potatoes & California Vegetable Mix
Coconut Cream Pie Fruit of the Week: Banana	Terikayi Chicken Strips, Rice Pilaf & Vegetable Spring Roll	Meatloaf w/ Ketchup Sauce, Mashed Potatoes & Bistro Mix	Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast	Potato & Cheddar Perogies, Fried Onions, Bacon Bits, Grilled Kielbasa, Green Bean Almandine & Carrots	Pork Schnitzel, Roasted Potatoes, Corn & Cauliflower	Bread Pudding w/ Toffee Sauce Fruit of the Week: Apple
	Vanilla Pudding with Blueberries Fruit of the Week: Apple	Assorted Dessert Fruit of the Week: Apple	Orange Cream Cake Fruit of the Week: Apple	Fresh Fruit Salad w/ Berries Fruit of the Week: Apple	Ice Cream Drumstick Fruit of the Week: Apple	