

## MEALS FOR THE CURRENT WEEK OF MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16	17	18	19	20	21	22
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted Snack	Soup: Cream of Tomato Snack: Raspberry Yogurt Muffin	Soup: Chicken & Rice Snack: Raspberry Yogurt Muffin	Soup: Mushroom Barley Snack: Date Square	Soup: Carrot Almond Snack: Lemon Square	Soup: Beef Tortilla Snack: Lemon Square	Soup: Soup of the Day Snack: Assorted
Pineapple Carrot Jelly Salad, Potato Salad, Cheese Sticks & Rolled Ham	Toasted Denver w/ Eggs, Ham, Cheese & Green Onion	Toasted Denver w/ Eggs, Ham, Cheese & Green Onion	Cream Cheese Stuffed French Toast, Sausage & Fruit Salad	Grilled Cheese w/ Tomato & Asparagus Sandwich	Grilled Cheese w/ Tomato & Asparagus	Oatmeal w/ Brown Sugar & Sliced Peaches, Yogurt & Fruit Slices
Grilled Chicken Burger w/ Lettuce & Tomato w/ Onion Rings OR Tossed Salad	Salmon Salad Sandwich on Marble Rye	Chef's Salad w/ Sliced Apples, Walnuts, Scoop of Tuna Salad, Lettuce, Tomato, Cucumbers, Carrots & Garlic Toast	Pulled BBQ Beef with Creamy Coleslaw on a Whole Wheat Kaiser Bun with	Fancy Double Stuffed Egg Salad Sandwiches with Cucumbers	All Beef Hot Dog w/ Fried Onions & Baked Beans	Eggs Benedict w/ Poached Eggs, Hollandaise Sauce & Back Bacon on a English Muffin w/ Fruit Slices
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Pot Roast Dinner, Gravy, Scalloped Potatoes, Peas & Carrots	Shrimp & Chicken Penne Alfredo w/ Tossed Salad	Salisbury Steak w/ Mushroom Gravy, Boiled Potatoes, Cauliflower & Corn	Grilled Honey Orange Chicken Breast with Mashed Potatoes & California Vegetable Mix	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage & Steamed Vegetables	Lightly Breaded Pickerel, Baby Potatoes & Sauteed Zucchini & Peppers	BBQ Ribs, Baked Potato w/ Sour Cream, Broccoli & Corn
Banana Cream Pie Fruit of the week:	Grilled Italian Sausages w/ Peppers, Caesar Salad & Garlic Bread Stick	Baked Salmon, Boiled Potatoes, Cauliflower & Corn	Tiramisu Fruit of the Week:	Chicken Souvlaki w/ Tzatziki Sauce, Brown Rice Pilaf & Steamed Vegetables	Vegetarian Manicotti w/ Spinach & Strawberry Salad & Garlic Toast	Peach Cobbler w/ Ice Cream Fruit of the Week:
	Apple Strudel Fruit of the Week:	Assorted Desserts Fruit of the Week:		Chocolate Pudding with Whipped Cream Fruit of the Week:	Fresh Fruit Salad w/ Berries Fruit of the Week:	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	29
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted Snack	Soup: Lentil Snack: Pecan Streusel Square	Soup: Cabbage Borscht Snack: Pecan Streusel Square	Soup: Hamburger Soup Snack: Peanut Butter Cookie	Soup: Cream of Mushroom Snack: Blueberry Muffin	Soup: Beef Barley Snack: Blueberry Muffin	Soup: Soup of the Day Snack: Assorted
Waffles w/ Fruit Sauce & Country Ham	Tuna Melt on French Bread	Tuna Melt on French Bread	BLTC Sandwich (Bacon, Lettuce, Tomato & Mayo)	Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing & Swiss Cheese on Marble Rye	Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing & Swiss Cheese on Marble Rye	Scrambled Eggs, Bacon OR Sausage, Choice of Toast, Hash Browns & Fruit Slices
Wally Mushroom Burger w/ French Fries OR Tossed Salad	Chicken Salad Sandwich w/ Currants, Apples & Lettuce	Poutine Bowl with French Fries, Popcorn Chicken, Cheese & Gravy	Chicken Quesadillas w/ Salsa & Sour Cream	Chopped Ham & Relish Sandwich with Lettuce	Chef's Salad w/ Candied Walnuts, Cubed Cheese, Grilled Chicken & Garlic Bread	Smoked Salmon on a Bagel w/ Cream Cheese & Fruit Slices
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Turkey Dinner, Stuffing, Gravy, Cranberry Sauce, Mashed Potatoes, Brussels Sprouts & Carrots	Veggie Burger (Lettuce, Tomato & Mayo) w/ Onion Rings OR Carrot Salad	Chicken Thighs in a Mushroom Cream Sauce, Wildrice Pilaf, Broccoli & Corn	Pot Roast Dinner, Roasted Potatoes, Beets & Spaghetti Squash	Potato & Cheddar Perogies, Fried Onions, Grilled Kielbasa & Cauliflower & Apple Salad	Lightly Breaded Pickerel, Boiled Potatoes & Creamy Coleslaw	Chicken Kiev (Stuffed w/ Garlic Butter), Cream Sauce, Roasted Potatoes, Sautéed Zucchini & Mushrooms
Pumpkin Pie with Whipped Cream Fruit of the week:	Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast	Roasted Pork Loin Stuffed w/ Apricots & Prunes, Lemon Potatoes, Broccoli & Corn	Stained Glass Jello Parfait Fruit of the Week:	Chicken Adobo, Jasmine Rice, Lumpia & Steamed Carrots	Shepherd's Pie w/ Gravy & Bistro Vegetable Mix	Frozen Yogurt Bar Fruit of the Week:
	Tropical Fruit Salad Cocktail Fruit of the Week:	Assorted Desserts Fruit of the Week:		Fresh Fruit Salad w/ Berries Fruit of the Week:	Bread Pudding w/ Toffee Sauce Fruit of the Week:	

# MEALS FOR THE CURRENT WEEK OF MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
<p><b>Lunch</b></p> <p>Soup: Soup of the Day Snack: Assorted Snack</p> <hr/> <p>Pancakes w/ Peaches, Yogurt &amp; Fruit Slices</p> <hr/> <p>Vegetarian Chili w/ Tea Biscuit &amp; Topped with Green Onions &amp; Shredded Cheese</p>	<p><b>Lunch</b></p> <p>Soup: Hearty Vegetable Snack: Assorted Cookies</p> <hr/> <p>Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese &amp; Italian Dressing Mayo</p> <hr/> <p>Cobb Salad w/ Grilled Chicken, Apples, Cubed Cheese, &amp; Boiled Egg w/ Garlic Toast</p>	<p><b>Lunch</b></p> <p>Soup: Black Bean &amp; Tortilla Snack: Assorted Cookies</p> <hr/> <p>Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese &amp; Italian Dressing Mayo</p> <hr/> <p>Hot Turkey Sandwich w/ Gravy &amp; Sweet Potato Fries OR Tossed Salad</p>	<p><b>Lunch</b></p> <p>Soup: Beet Borscht Snack: Yogurt Cup</p> <hr/> <p>Nutella &amp; Strawberry Crepes, Bacon &amp; Spinach &amp; Strawberry Salad</p> <hr/> <p>Corned Beef Hash w/ Poached Eggs &amp; Blueberry Toast</p>	<p><b>Lunch</b></p> <p>Soup: French Onion Snack: Mini Bavarian Cream Tart</p> <hr/> <p>Grilled Cheese w/ Havarti, Asparagus, Bell Peppers &amp; Onions</p> <hr/> <p>Chicken Wellington w/ Side of Cream Sauce</p>	<p><b>Lunch</b></p> <p>Soup: Turkey Noodle Snack: Mini Bavarian Cream Tart</p> <hr/> <p>Grilled Cheese w/ Havarti, Asparagus, Bell Peppers &amp; Onions</p> <hr/> <p>Fancy Tuna Sandwiches w/ Cream Cheese &amp; Cucumbers</p>	<p><b>Lunch</b></p> <p>Soup: Soup of the Day Snack: Assorted</p> <hr/> <p>Roasted Vegetable &amp; Falafel Pita with Tatziki Sauce with Tossed Salad</p> <hr/> <p>Hot Turkey Sandwich on Whole Wheat Bread with Gravy</p>
<p><b>Dinner</b></p> <p>Baked Ham w/ Apple Sauce, Mashed Potatoes &amp; Italian Vegetable Mix</p> <hr/> <p>Swedish Meatballs, Rice Pilaf &amp; Italian Vegetable Mix</p> <hr/> <p>Black Forest Parfait Fruit of the week:</p>	<p><b>Dinner</b></p> <p>Sweet &amp; Sour Chicken Balls, Vegetable Pancit &amp; Vegetable Spring Roll</p> <hr/> <p>BBQ Spare Ribs, Vegetable Pancit &amp; Vegetable Spring Roll</p> <hr/> <p>Cold Tapioca Pudding with Berry Sauce Fruit of the Week:</p>	<p><b>Dinner</b></p> <p>Chicken Lasagna w/ Caesar Salad &amp; Garlic Toast</p> <hr/> <p>Cabbage Rolls w/ Boiled Potatoes &amp; Garlic Sausage</p> <hr/> <p>Assorted Desserts Fruit of the Week:</p>	<p><b>Dinner</b></p> <p>Baked Salmon w/ Lemon &amp; Dill, Baby Potatoes, Cauliflower &amp; Beets</p> <hr/> <p>Pork Schnitzel w/ Apple Gravy, Baby Potatoes, Cauliflower &amp; Beets</p> <hr/> <p>Strawberry Rhubarb Crisp w/ Ice Cream Fruit of the Week:</p>	<p><b>Dinner</b></p> <p>Grilled Pork Chop, Roasted Potatoes, Braised Red Cabbage &amp; Corn</p> <hr/> <p>Beef Stroganoff w/ Egg Noodles, Braised Red Cabbage &amp; Corn</p> <hr/> <p>Carrot Cake w/ Cream Cheese Icing Fruit of the Week:</p>	<p><b>Dinner</b></p> <p>Lightly Breaded Pickerei, Lemon Potatoes &amp; California Vegetable Mix</p> <hr/> <p>Cheese Tortellini w/ Alfredo Sauce &amp; Grilled chicken, Caesar Salad &amp; Garlic Toast</p> <hr/> <p>Fresh Fruit Salad w/ Berries Fruit of the Week:</p>	<p><b>Dinner</b></p> <p>Stuffed Chicken Breast with Broccoli &amp; Cheddar, Cream Sauce, Mashed Potatoes, Butternut Squash and Zucchini</p> <hr/> <p>Chocolate or Vanilla Ice Cream Bar Fruit of the Week:</p>

## MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6	7	8	9	10	11	12
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted Snack  BLTC Sandwich (Bacon, Lettuce, Tomato & Mayo)  Toasted Cinnamon Bun, Cheese Sticks & Yogurt	Soup: Cream of Broccoli Snack: Mini Cannoli  Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing & Swiss Cheese on Marble Rye  Cold Plate: German Potato Salad, Creamy Coleslaw, Cold Cuts & Croissant	Soup: Chicken Noodle Snack: Mini Cannoli  Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing & Swiss Cheese on Marble Rye  Crab Salad Sandwich with Lettuce	Soup: NO SOUP Snack: Oatmeal Cranberry Walnut Cookie  Roast Beef & Swiss Sandwich with Mayo & Lettuce  Choice of Eggs, Bacon OR Sausage, Hashbrowns, Choice of Toast & Fruit Salad	Soup: Sweet Potato Curry Snack: Banana Chocolate Loaf  Grilled Chicken, Cheese & Avocado on French Bread  Wally Cheeseburger w/ French Fries OR Tossed Salad	Soup: Spinach Lentil Snack: Banana Chocolate Loaf  Grilled Chicken, Cheese & Avocado on French Bread  French Beef Dip Sandwich in a Bun with Tossed Salad	Soup: Soup of the Day Snack: Assorted  Double Stuffed Fancy Egg Salad Sandwiches with Cream Cheese & Cucumbers  Meat Tortiere w/ Gravy & Tossed Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roast Beef Dinner, Gravy, Mini Yorkshire Pudding, Roasted Potatoes, Carrots & Peas  Lemon Meringue Pie Fruit of the week:	Turkey Schnitzel, Mashed Potatoes, Gravy, Sauteed Mushrooms & Broccoli  Swiss Steak, Mashed Potatoes, Sauteed Mushrooms & Broccoli  Chocolate Mint Pie Fruit of the Week:	Lightly Dusted Chicken Wings w/ Macaroni & Cheese & Broccoli Salad  Beef Stew w/ Tossed Salad & Dinner Bun  Assorted Desserts Fruit of the Week:	BBQ Ribs, Baked Potato w/ Sour Cream, Oil & Vinegar Coleslaw & Corn on the Cob  Butterscotch Pudding with Whipped Cream Fruit of the Week:	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage, Sauteed Zucchini & Peppers  Chicken Skewers, Tzatziki Sauce, Baby Potatoes, Sauteed Zucchini & Peppers  Pineapple Crisp with Butterscotch Ice Cream Cup Fruit of the Week:	Lightly Breaded Pickerel, Lemon Potatoes & Kalebanzo Vegetable Mix  Red Thai Coconut Chicken Curry w/ Jasmine Rice & Kalebanzo Vegetable Mix  Rice Pudding Fruit of the Week:	Roasted Chicken Drumsticks, Mashed Potatoes, Cauliflower & Beets  Liver & Onions, Mashed Potatoes, Cauliflower & Beets  Ambrosia Fruit Salad Fruit of the Week:

## MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: Soup of the Day Snack: Assorted Snack	Soup: Beef Vegetable Snack: Mini Cream Puffs	Soup: Potato Bacon w/ Dill Snack: Mini Cream Puffs	Soup: NO SOUP Snack: Bran Muffin	Soup: Chicken & Rice Snack: Assorted Brownies	Soup: Minestrone Snack: Assorted Brownies	Soup: Soup of the Day Snack: Assorted
Beef Taco Salad w/ Salsa & Sour Cream	Grilled Ham & Havarti w/ Grilled Peppers	Grilled Ham & Havarti w/ Grilled Peppers	Choice of Eggs, Bacon OR Sausage, Hashbrowns, Choice of Toast & Fruit Salad	Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese	Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese	Waffles w/ Fruit Sauce, Grilled Ham & Fruit Salad
Oatmeal w/ Brown Sugar & Sliced Peaches, Yogurt & Fruit Slices	Vegetarian Chili w/ Tea Biscuit & Topped with Green Onion & Shredded Cheese	Kielbasa Loaf with Havarti Cheese & Lettuce Sandwich on a Kaiser Bun	Chef's Salad w/ Candied Walnuts, Pears, Shaved Parm, Grilled Chicken & Poppy Seed Dressing	Fancy Salmon Salad Sandwiches with Cucumber & Cream Cheese	Fried Egg & Cheese Sandwich w/ Grilled Bologna on a Whole Wheat Kaiser Bun	Chicken Fingers w/ Sweet Potato Fries OR Tossed Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Roasted Turkey Dinner w/ Stuffing, Cranberry Sauce, Gravy, Boiled Potatoes & Broccoli Casserole	Shrimp Kabobs, Rice Pilaf w/ Cauliflower & Apple Salad	Kung Pao Chicken, Vegetable Pancit & Vegetable Spring Roll	Haddock Fish & Chips w/ 3 Bean Salad	Pork Chops w/ Apple Gravy, Mashed Potatoes, Green Bean Almandine & Carrots	Pork Schnitzel, Apple Gravy, Roasted Potatoes, Corn & Cauliflower	Roast Beef Dinner, Gravy, Mini Yorkshire Pudding, Scalloped Potatoes & Romanesco Mix
Coconut Cream Pie Fruit of the week:	Terikayi Chicken Strips, Rice Pilaf & Vegetable Spring Roll	Meatloaf w/ Ketchup Sauce, Mashed Potatoes & Bistro Mix	Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast	Potato & Cheddar Perogies, Fried Onions, Bacon Bits, Grilled Kielbasa, Green Bean Almandine & Carrots	Fish Filet Burger w/ Potato Wedges & Greek Salad	Banana Bread Pudding with Caramel Sauce Fruit of the Week:
	Vanilla Pudding w/ Blueberries Fruit of the Week:	Assorted Desserts Fruit of the Week:	Orange Cream Cake Fruit of the Week:	Peach Pie with Whipped Cream Fruit of the Week:	Ice Cream Cone Fruit of the Week:	