

MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13	14	15	16	17	18	19
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted Snack	Soup: Beef Vegetable Snack: Mini Cream Puffs	Soup: Potato Bacon w/ Dill Snack: Mini Cream Puffs	Soup: NO SOUP Snack: Bran Muffin	Soup: Chicken & Rice Snack: Assorted Brownies	Soup: Minestrone Snack: Assorted Brownies	Soup: Soup of the Day Snack: Assorted
Beef Taco Salad w/ Salsa & Sour Cream	Grilled Ham & Havarti w/ Grilled Peppers	Grilled Ham & Havarti w/ Grilled Peppers	Choice of Eggs, Bacon OR Sausage, Hashbrowns, Choice of Toast & Fruit Salad	Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese	Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese	Waffles w/ Fruit Sauce, Grilled Ham & Fruit Salad
Oatmeal w/ Brown Sugar & Sliced Peaches, Yogurt & Fruit Slices	Vegetarian Chili w/ Tea Biscuit & Topped with Green Onion & Shredded Cheese	Kielbasa Loaf with Havarti Cheese & Lettuce Sandwich on a Kaiser Bun	Chef's Salad w/ Candied Walnuts, Pears, Shaved Parm, Grilled Chicken & Poppy Seed Dressing	Fancy Salmon Salad Sandwiches with Cucumber & Cream Cheese	Fried Egg & Cheese Sandwich w/ Grilled Bologna on a Whole Wheat Kaiser Bun	Chicken Fingers w/ Sweet Potato Fries OR Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roasted Turkey Dinner w/ Stuffing, Cranberry Sauce, Gravy, Boiled Potatoes & Broccoli Casserole	Shrimp Kabobs, Rice Pilaf w/ Cauliflower & Apple Salad	Kung Pao Chicken, Vegetable Pancit & Vegetable Spring Roll	Haddock Fish & Chips w/ 3 Bean Salad	Pork Chops w/ Apple Gravy, Mashed Potatoes, Green Bean Almandine & Carrots	Baked Ham, Mashed Potato, Apple Sauce, Broccoli & Carrots	Roast Beef Dinner, Gravy, Mini Yorkshire Pudding, Scalloped Potatoes & Romanesco Mix
Coconut Cream Pie Fruit of the week:	Terikayi Chicken Strips, Rice Pilaf & Vegetable Spring Roll	Meatloaf w/ Ketchup Sauce, Mashed Potatoes & Bistro Mix	Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast	Potato & Cheddar Perogies, Fried Onions, Bacon Bits, Grilled Kielbasa, Green Bean Almandine & Carrots	Baked Pickerel, Tartar Sauce, Mashed Potato, Cauliflower & Carrots	Banana Bread Pudding with Caramel Sauce Fruit of the Week:
	Vanilla Pudding w/ Blueberries Fruit of the Week:	Assorted Desserts Fruit of the Week:	Orange Cream Cake Fruit of the Week:	Peach Pie with Whipped Cream Fruit of the Week:	Apple Pie with Whipped Cream Fruit of the Week:	

MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	21	22	23	24	25	26
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted Snack <hr/> Pineapple & Orange Jelly Salad, Potato Salad, Cheese Sticks & Rolled Ham <hr/> Grilled Chicken Burger w/ Lettuce & Tomato w/ Onion Rings OR Tossed Salad	Soup: Chicken & Rice Snack: Caramel Coffee Muffin <hr/> Toasted Denver w/ Eggs, Ham, Cheese & Green Onion <hr/> Salmon Salad Sandwich on with Lettuce	Soup: Cream of Tomato Snack: Caramel Coffee Muffin <hr/> Toasted Denver w/ Eggs, Ham, Cheese & Green Onion <hr/> Chef's Salad w/ Sliced Peaches, Walnuts, Scoop of Tuna Salad, Lettuce, Tomato, Cucumbers, Carrots & Garlic Toast	Soup: Italian Wedding Snack: TripleBerry Crumble Square <hr/> Lemon Cream Cheese Stuffed French Toast, Sausage & Fruit Salad <hr/> Pulled BBQ Beef with Creamy Coleslaw on a Whole Wheat Kaiser Bun	Soup: Carrot Almond Snack: Lemon Slice Square <hr/> Grilled Provolone Cheese w/ Tomato & Asparagus Sandwich <hr/> Fancy Double Stuffed Egg Salad Sandwiches with Cucumbers	Soup: Split Ham & Pea Snack: Lemon Slice Square <hr/> Grilled Provolone Cheese w/ Tomato & Asparagus Sandwich <hr/> Grilled Hot Dog w/ Fried Onions & Baked Beans	Soup: Soup of the Day Snack: Assorted <hr/> Carrot Cake Style Oatmeal, Yogurt & Fruit Slices <hr/> Eggs Benedict w/ Poached Eggs, Hollandaise Sauce & Sausage Patty on a English Muffin w/ Fruit Slices
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roasted Turkey Dinner, Stuffing, Gravy, Mashed Potatoes, Cranberry Sauce, Turnips & Peas <hr/> Strawberry Cream Pie Fruit of the week:	Shrimp Penne Alfredo w/ Tossed Salad & Garlic Bread Stick <hr/> Beef Short Ribs, Baked Potato, Sour Cream, Corn & Peas <hr/> Warm Cherry Strudel w/ Vanilla Ice Cream Cup Fruit of the Week:	Salisbury Steak w/ Mushroom Gravy, Boiled Potatoes, Steamed Veg <hr/> Baked Salmon, Boiled Potatoes, Steamed Veg <hr/> Assorted Dessert Fruit of the Week:	Grilled Chicken Breast with Orange Glaze, Mashed Potatoes & California Vegetable Mix <hr/> Assorted Cupcake with Icing Fruit of the Week:	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage & Steamed Vegetables <hr/> Chicken Souvlaki w/ Tzatziki Sauce, Brown Rice Pilaf & Steamed Vegetables <hr/> Banana Pudding with Whipped Cream & Graham Cracker Crumble Fruit of the Week:	Baked Pickerel, Tartar Sauce, Baby Potatoes, Zucchini & Carrots <hr/> Vegetarian Manicotti w/ Strawberry Spinach Salad with Raspberry Dressing & Garlic Toast <hr/> Fresh Fruit Salad w/ Berries & Grapes Fruit of the Week:	BBQ Ribs, Baked Potato w/ Sour Cream, Broccoli Casserole & corn <hr/> Strawberry Cobbler with Strawberry Ice Cream Cup Fruit of the Week:

MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted Snack	Soup: Curry Lentil Snack: Lemon Buttermilk Cake	Soup: Cabbage Borscht Snack: Lemon Buttermilk Cake	Soup: Cream of Celery Snack: Peanut Butter Cookie	Soup: Potato Bacon Snack: Chocolate Muffin	Soup: Beef Barley Snack: Chocolate Muffin	Soup: Soup of the Day Snack: Assorted
Waffles, Fruit Sauce & Country Ham	Tuna Melt on French Bread	Tuna Melt on French Bread	BLTC Sandwich (Bacon, Lettuce, Tomato & Mayo)	Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing & Swiss Cheese on Marble Rye	Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing & Swiss Cheese on Marble Rye	Scrambled Eggs, Bacon OR Sausage, Choice of Toast, Hash Browns & Fruit Slices
Wally Mushroom Burger w/ French Fries OR Tossed Salad	Chicken Salad Sandwich w/ Currants, Apples & Lettuce	Poutine Bowl with French Fries, Popcorn Chicken, Cheese & Gravy	SouthWest Chicken Quesadillas (Chicken, Corn, Black Beans, Cheese) w/ Salsa & Sour Cream	Chopped Ham & Relish Sandwich with Lettuce	Chef's Salad w/ Candied Walnuts, Cubed Cheese, Grilled Chicken & Garlic Bread Stick	Smoked Salmon on a Bagel w/ Cream Cheese & Fruit Slices
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Turkey Dinner, Stuffing, Gravy, Cranberry Sauce, Mashed Potatoes, Brussels Sprouts & Carrots	Veggie Burger (Lettuce, Tomato & Mayo) w/ Onion Rings OR Carrot Salad	Chicken Thighs in a Mushroom Cream Sauce, Wildrice Pilaf, Broccoli & Corn	Pot Roast Dinner, Roasted Potatoes, Beets & Spaghetti Squash	Potato & Cheddar Perogies, Fried Onions, Grilled Kielbasa & Cauliflower & Apple Salad	Lightly Breaded Pickerel, Boiled Potatoes & Creamy Coleslaw	Apple & Brie Stuffed Chicken, Cream Sauce, Roasted Potatoes, Sautéed Zucchini & Mushrooms
Pumpkin Pie With Cinnamon Whipped Cream Fruit of the week:	Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast	Roasted Pork Loin Stuffed w/ Apricots & Prunes, Lemon Potatoes, Broccoli & Corn	Classic Jello Fruit Salad Fruit of the Week:	Chicken Adobo, Jasmine Rice, Lumpia & Steamed Carrots	Shepherd's Pie w/ Gravy & Florentine Vegetable Mix	Frozen Yogurt Bar Fruit of the Week:
	Tropical Fruit Salad Cocktail Fruit of the Week:	Assorted Desserts Fruit of the Week:		Fresh Fruit Salad w/ Berries & Grapes Fruit of the Week:	Peach Bread Pudding w/ Toffee Sauce Fruit of the Week:	

MEALS FOR THE CURRENT WEEK OF MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6	7	8	9	10
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted Snack <hr/> Pancakes w/ Peaches, Yogurt & Fruit Slices <hr/> Vegetarian Chili w/ Tea Biscuit & Topped with Green Onions & Shredded Cheese	Soup: Hearty Vegetable with Rice Snack: Cinnamon Sugar Donut Holes <hr/> Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese & Italian Dressing Mayo <hr/> Cobb Salad w/ Grilled Chicken, Apples, Cubed Cheese, & Boiled Egg w/ Garlic Toast	Soup: Black Bean & Tortilla Snack: Cinnamon Sugar Donut Holes <hr/> Italian Meat Sub w/ Rosemary Ham, Capicola, Provolone Cheese & Italian Dressing Mayo <hr/> Hot Turkey Sandwich w/ Gravy & Sweet Potato Fries OR Tossed Salad	Soup: Beet Borscht Snack: Yogurt Cup <hr/> Peanut Butter Nutella Crepes, Bacon & Spinach Strawberry Salad with Raspberry Dressing <hr/> Corned Beef Hash w/ Poached Eggs & Apple Cinnamon Toast	Soup: French Onion Snack: Mini Butter Croissant <hr/> Grilled Cheese w/ Havarti, Asparagus, Bell Peppers & Onions <hr/> Chicken Wellington w/ Side of Cream Sauce	Soup: Turkey Noodle Snack: Mini Butter Croissant <hr/> Grilled Cheese w/ Havarti, Asparagus, Bell Peppers & Onions <hr/> Fancy Tuna Sandwiches w/ Cream Cheese & Cucumbers	Soup: Soup of the Day Snack: Assorted <hr/> Ham & Pineapple Pizza OR Vegetarian Pizza with Tossed Salad <hr/> Mushroom & Bell Pepper Omelette with Hashbrowns & Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Ham w/ Apple Sauce, Mashed Potatoes & Italian Vegetable Mix <hr/> Swedish Meatballs, Rice Pilaf & Italian Vegetable Mix <hr/> Black Forest Parfait Fruit of the week:	Sweet & Sour Chicken Balls, Vegetable Pancit & Vegetable Spring Roll <hr/> BBQ Spare Ribs, Vegetable Pancit & Vegetable Spring Roll <hr/> Cold Tapioca Pudding with Mango Sauce Fruit of the Week:	Beef Stuffed Manicotti w/ Caesar Salad & Garlic Toast <hr/> Cabbage Rolls w/ Boiled Potatoes & Garlic Sausage <hr/> Assorted Desserts Fruit of the Week:	Baked Salmon w/ Lemon & Dill, Baby Potatoes, Cauliflower & Beets <hr/> Pork Schnitzel w/ Apple Gravy, Baby Potatoes, Cauliflower & Beets <hr/> Blueberry Peach Crisp w/ Vanilla Ice Cream Fruit of the Week:	Grilled Pork Chop, Roasted Potatoes, Braised Red Cabbage & Corn <hr/> Beef Stroganoff w/ Egg Noodles, Braised Red Cabbage & Corn <hr/> Carrot Cake w/ Cream Cheese Icing Fruit of the Week:	Lightly Breaded Pickerel, Lemon Potatoes & California Vegetable Mix <hr/> Cheese Tortellini w/ Alfredo Sauce & Grilled Chicken, Caesar Salad & Garlic Toast <hr/> German Chocolate Cake Fruit of the Week:	Stuffed Chicken Breast with Ham & Mozza Cheese, Cream Sauce, Mashed Potatoes, Butternut Squash and Zucchini <hr/> Chocolate or Vanilla Ice Cream Bar Fruit of the Week:

MEALS FOR THE CURRENT WEEK OF MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11	12	13	14	15	16	17
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted Snack <hr/> BLTC Sandwich (Bacon, Lettuce, Tomato & Mayo) <hr/> Toasted Cinnamon Bun, Cheese Sticks & Yogurt	Soup: Cream of Broccoli Snack: Mini Cream Puffs <hr/> Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing & Swiss Cheese on Marble Rye <hr/> Cold Plate: German Potato Salad, Creamy Coleslaw, Cold Cuts & Croissant	Soup: Chicken Noodle Snack: Mini Cream Puffs <hr/> Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing & Swiss Cheese on Marble Rye <hr/> Grilled Chicken Caesar Wrap with Parmesan Cheese & Tossed Salad	Soup: NO SOUP Snack: Oatmeal Cranberry Walnut Cookie <hr/> Roast Beef & Swiss Sandwich with Mayo & Lettuce <hr/> Choice of Eggs, Bacon OR Sausage, Hashbrowns, Choice of Toast & Fruit Salad	Soup: Sweet Potato Curry Snack: Fig Newton <hr/> Grilled Chicken, Cheese & Avocado on French Bread <hr/> Wally Cheeseburger w/ French Fries OR Tossed Salad	Soup: Spinach Lentil Snack: Fig Newton <hr/> Grilled Chicken, Cheese & Avocado on French Bread <hr/> French Beef Dip Sandwich in a Bun with Tossed Salad	Soup: Soup of the Day Snack: Assorted <hr/> Fancy Egg Salad Sandwiches with Cream Cheese & Cucumbers <hr/> Meat Tortiere w/ Gravy & Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Beef Dinner, Gravy, Mini Yorkshire Pudding, Roasted Potatoes, Carrots & Peas <hr/> Lemon Meringue Pie Fruit of the week:	Turkey Schnitzel, Mashed Potatoes, Gravy, Sauteed Mushrooms & Broccoli <hr/> Swiss Steak, Mashed Potatoes, Sauteed Mushrooms & Broccoli <hr/> Apple Pie Donut with Whipped Cream Fruit of the Week:	Lightly Dusted Chicken Wings w/ Macaroni and Cheese & Greek Salad <hr/> Beef Stew w/ Tossed Salad & Dinner Bun <hr/> Assorted Desserts Fruit of the Week:	BBQ Ribs, Baked Potato w/ Sour Cream, Oil & Vinegar Coleslaw & Corn on the Cob <hr/> Strawberry Pudding with Whipped Cream Fruit of the Week:	Cottage Cheese Perogies, Fried Onions, Cream Sauce, Grilled Farmers Sausage, Sauteed Zucchini & Peppers <hr/> Vegetarian Lasagna with Greek Salad & Garlic Toast <hr/> Mixed Fruit Crisp with Vanilla Ice Cream Cup Fruit of the Week:	Haddock Fish & Chips with Creamy Coleslaw <hr/> Red Thai Coconut Chicken Curry w/ Jasmine Rice & Kalebanzo Vegetable Mix <hr/> Hot Rice Pudding Fruit of the Week:	Roasted Chicken Drumsticks, Mashed Potatoes, Asparagus & Turnips <hr/> Liver & Onions, Mashed Potatoes, Asparagus & Turnips <hr/> Ambrosia Fruit Salad Fruit of the Week:

MEALS FOR THE CURRENT WEEK OF MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19	20	21	22	23	24
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup: Soup of the Day Snack: Assorted Snack <hr/> Chicken Taco Salad w/ Salsa & Sour Cream <hr/> Blueberry Bread French Toast, Yogurt & Fruit Slices	Soup: Beef Vegetable Snack: Shortcake Cookie <hr/> Grilled Ham & Havarti w/ Grilled Peppers <hr/> Hot Roast Beef Sandwich with Gravy & Tossed Salad	Soup: Egg Drop with Chicken & Green Onions Snack: Shortcake Cookie <hr/> Grilled Ham & Havarti w/ Grilled Peppers <hr/> BBQ Pulled Pork & Creamy Coleslaw on a Whole Wheat Kaiser Bun	Soup: NO SOUP Snack: Bran Muffin <hr/> Choice of Eggs, Bacon OR Sausage, Hashbrowns, Choice of Toast & Fruit Salad <hr/> Chef's Salad w/ Candied Walnuts, Pears, Shaved Parm, Grilled Chicken & Poppy Seed Dressing	Soup: Chicken & Rice Snack: Assorted Brownies <hr/> Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese <hr/> Dill Stuffed Baked Potato with Sour Cream & Corn Salad	Soup: Minestrone Snack: Assorted Brownies <hr/> Turkey Sub w/ Turkey, Lettuce, Tomato & Cheese <hr/> Fried Egg & Cheese Sandwich w/ Grilled Bologna on a Whole Wheat Kaiser Bun	Soup: Soup of the Day Snack: Assorted <hr/> Waffles w/ Fruit Sauce, Grilled Ham & Fruit Salad <hr/> Chicken Fingers w/ Sweet Potato Fries OR Tossed Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roasted Turkey Dinner w/ Stuffing, Cranberry Sauce, Gravy, Boiled Potatoes & Broccoli Casserole <hr/> Coconut Cream Pie Fruit of the week:	Shrimp Kabobs, Rice Pilaf w/ Cauliflower & Apple Salad <hr/> Terikayi Chicken Strips, Rice Pilaf & Vegetable Spring Roll <hr/> Vanilla Pudding with Whipped Cream Fruit of the Week:	Kung Pao Chicken, Vegetable Pancit & Vegetable Spring Roll <hr/> Meatloaf w/ Ketchup Sauce, Mashed Potatoes & California Mix <hr/> Assorted Desserts Fruit of the Week:	Haddock Fish & Chips w/ Broccoli & Bacon Salad <hr/> Spaghetti & Meat Sauce w/ Caesar Salad & Garlic Toast <hr/> Orange Cream Cake Fruit of the Week:	Pork Chops w/ Apple Gravy, Mashed Potatoes, Green Bean Almandine & Carrots <hr/> Potato & Cheddar Perogies, Fried Onions, Bacon Bits, Grilled Kielbasa, Green Bean Almandine & Carrots <hr/> Cherry Pie with Whipped Cream Fruit of the Week:	Pork Schnitzel, Apple Gravy, Roasted Potatoes, Corn & Cauliflower <hr/> Fish Filet Burger w/ Potato Wedges & Tomato Cucumber Pesto Salad <hr/> Ice Cream Cone Fruit of the Week:	Roast Beef Dinner, Gravy, Mini Yorkshire Pudding, Scalloped Potatoes & Romanesco Mix <hr/> Bread Pudding with Caramel Sauce Fruit of the Week: