

# MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5	6	7	8	9	10	11
<p><b>Lunch</b></p> <p>Soup: No Soup Snack: Assorted Snack</p> <hr/> <p>Suzy Q Lunch</p> <hr/> <p>Poached OR Scrambled Eggs, Hash Brown Patties, Bacon OR Sausage &amp; Yogurt</p>	<p><b>Lunch</b></p> <p>Soup: Cream of Potato &amp; Bacon Snack: Mini Berry Tart with Whipped Cream</p> <hr/> <p>Grilled Turkey &amp; Mozzarella Sandwich with Basil Mayo Pesto on Whole Wheat Bread</p> <hr/> <p>Cobb Salad with Scoop of Tuna , Boiled Egg, Bacon Bits, Almond, Cubed Cheese &amp; Tea Biscuit (choice of dressing)</p>	<p><b>Lunch</b></p> <p>Soup: Beef Barley Snack: Mini Saskatoon Berry Tart with Whipped Cream</p> <hr/> <p>Grilled Turkey &amp; Mozzarella Sandwich with Basil Mayo Pesto on Marble Rye Bread</p> <hr/> <p>Grilled Chicken Caesar Salad with Croutons, Parmesan Cheese &amp; Bread Stick</p>	<p><b>Lunch</b></p> <p>Soup: Summa Borscht Snack: Assorted Brownies</p> <hr/> <p>Pancakes with Fruit Sauce, Grilled Ham &amp; Fruit Slices</p> <hr/> <p>Spinach &amp; Bell Pepper Omelette with Raisin Toast &amp; Fruit Slices</p>	<p><b>Lunch</b></p> <p>Soup: Chicken &amp; Rice Snack: Banana Bread Muffin</p> <hr/> <p>Toasted Denver Sandwich with Cheese (Egg, Green Onion, Ham)</p> <hr/> <p>Philly Cheese Steak Sandwich on Whole Wheat Bun with Pulled Beef &amp; Grilled Peppers</p>	<p><b>Lunch</b></p> <p>Soup: Butternut Squash w/ Apples Snack: Banana Bread Muffin</p> <hr/> <p>Toasted Denver Sandwich with Cheese (Egg, Green Onion, Ham)</p> <hr/> <p>Fancy Tuna Salad Sandwiches with Cucumber &amp; Cream Cheese</p>	<p><b>Lunch</b></p> <p>Soup: Soup of the Day Snack: Assorted</p> <hr/> <p>Wally Mushroom Swiss Burger (Mayo) on Whole Wheat Bun with Sweet Potato Fries</p> <hr/> <p>BLTC Sandwich (Bacon, Lettuce, Tomato, Cheese) w/ Potato Salad</p>
<p><b>Dinner</b></p> <p>Roasted Turkey Dinner, Stuffing, Gravy, Cranberry Sauce, Mashed Potatoes, Steamed Corn &amp; Brussels Sprouts</p> <hr/> <p>Dessert: Pecan Pie with Whipped Cream</p>	<p><b>Dinner</b></p> <p>Salisbury Steak OR Pork Schnitzel</p> <hr/> <p>Served With: Mushroom Gravy, Mashed Potatoes &amp; Roasted Zucchini &amp; Peppers</p> <hr/> <p>Dessert: German Chocolate Cake</p>	<p><b>Dinner</b></p> <p>BBQ Ribs served with Baked Potato with Sour Cream, Steamed Vegetables</p> <hr/> <p>Dessert: Assorted Desserts</p>	<p><b>Dinner</b></p> <p>Stuffed Chicken with Broccoli &amp; Cheese served with Cream Sauce, Mashed Potatoes &amp; Steamed Vegetable Medley</p> <hr/> <p>Dessert: Assorted Decorated Donuts</p>	<p><b>Dinner</b></p> <p>Baked Ham with Apple Sauce OR Roasted Chicken Legs</p> <hr/> <p>Served with: Scalloped Potatoes, Steamed Broccoli &amp; Carrots</p> <hr/> <p>Dessert: Vanilla Pudding with Whipped Cream</p>	<p><b>Dinner</b></p> <p>Baked Salmon OR Meatloaf with Ketchup Sauce</p> <hr/> <p>Served with: Roasted Baby Potatoes, Sauteed Green Bean Almondine &amp; Steamed Corn</p> <hr/> <p>Dessert: Strawberry Rhubarb Crisp with Vanilla Ice Cream Cup</p>	<p><b>Dinner</b></p> <p>Sweet &amp; Sour Chicken Balls OR Boneless Sweet and Sour Spare Ribs</p> <hr/> <p>Served with: Steamed Vegetables, Pork Lumpia (Pork Spring Roll) &amp; Vegetable Pancit, Fortune Cookie</p> <hr/> <p>Dessert: Rice Pudding</p>

# MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12	13	14	15	16	17	18
<p><b>Lunch</b></p> <p>Soup: No Soup Snack: Assorted Snack</p> <hr/> <p>Suzy Q Lunch</p> <hr/> <p>Scrambled Eggs, Bacon OR Sausage, Grilled Waffles (Syrup) &amp; Fruit Salad</p>	<p><b>Lunch</b></p> <p>Soup: Ham &amp; Split Pea Snack: Mini Danishes</p> <hr/> <p>Grilled Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing &amp; Swiss Cheese on Marble Rye Bread</p> <hr/> <p>Popcorn Chicken Poutine with Gravy &amp; Cheese Curds</p>	<p><b>Lunch</b></p> <p>Soup: Chinese Wonton Soup Snack: TBD</p> <hr/> <p>Oriental Special Lunch Korean BBQ Short Rib Slider with Slaw served with Warm Korean Noodle Vegetable Salad (Japchae)</p>	<p><b>Lunch</b></p> <p>Soup: Hamburger Snack: Oreo Cookies</p> <hr/> <p>Hot Roast Beef Sandwich with Gravy (your choice of bread)</p> <hr/> <p>Cottage Cheese Perogies, Fried Onions, Cream Sauce &amp; Farmer Sausage</p>	<p><b>Lunch</b></p> <p>Soup: Cream of Cauliflower &amp; Cheese Snack: Assorted Nanaimo Bars</p> <hr/> <p>Grilled Chicken &amp; Avocado Sandwich on Rye Bread</p> <hr/> <p>Fancy Salmon Salad Sandwiches with Cucumber &amp; Cream Cheese</p>	<p><b>Lunch</b></p> <p>Soup: Sweet Potato Snack: Assorted Nanaimo Bars</p> <hr/> <p>Grilled Chicken &amp; Avocado Sandwich on Rye Bread</p> <hr/> <p>Whole Wheat Bun Breakfast Sandwich with Fried Egg, Bacon &amp; Cheese</p>	<p><b>Lunch</b></p> <p>Soup: Soup of the Day Snack: Assorted</p> <hr/> <p>Toasted Cinnamon Bun, Ham Roll, Cheese Sticks &amp; Fruit Slices</p> <hr/> <p>Eggs Benedict on a Tea Biscuit w/ Hollandaise Sauce, Peameal Bacon &amp; Fruit Slices</p>
<p><b>Dinner</b></p> <p>Roast Beef Dinner, Gravy, Mini Yorkshire Pudding, Baked Potato with Sour Cream, Steamed Peas &amp; Carrots</p> <hr/> <p>Dessert: Lemon Struesel Cake</p>	<p><b>Dinner</b></p> <p>Chicken Souvlaki Skewers with Tzatziki Sauce OR Shrimp Skewers with Cocktail Sauce</p> <hr/> <p>Served With: Roasted Lemon Potatoes, Creamed Spinach &amp; Steamed Corn</p> <hr/> <p>Dessert: Jello Parfait with Whipped Cream</p>	<p><b>Dinner</b></p> <p>Ginger Beef OR Sweet and Sour Chicken Chicken Strips</p> <hr/> <p>Served With: Vegetable Fried Rice, Vegetable Spring Roll &amp; Steamed Vegetable Medley</p> <hr/> <p>Dessert: Assorted Desserts</p>	<p><b>Dinner</b></p> <p>Grilled Chicken Parmesan (Salsa &amp; Cheese), Roasted Lemon Potatoes, Butternut Squash &amp; Steamed Peas</p> <hr/> <p>Dessert: Peach Crisp w/ Butterscotch Ice Cream</p>	<p><b>Dinner</b></p> <p>Roasted Porkloin OR Turkey Schnitzel</p> <hr/> <p>Served with: Apple Gravy, Whipped Yam and Potato, Steamed Kalebonzo Vegetable Mix</p> <hr/> <p>Dessert: Fresh Fruit Salad w/ Grapes</p>	<p><b>Dinner</b></p> <p>Pan Fried Pickerel with Tartar Sauce OR Beef Lasagna</p> <hr/> <p>Served with: Steamed Baby Potatoes, Garlic Bread Stick, Steamed Peas &amp; Carrots, Caesar Salad</p> <hr/> <p>Dessert: Bread Pudding with Toffee Sauce</p>	<p><b>Dinner</b></p> <p>Salisbury Steak OR Roasted Chicken Thighs</p> <hr/> <p>Served With: Onion Gravy, Mashed Potatoes &amp; Steamed PEI Vegetable Mix</p> <hr/> <p>Dessert: Cheesecake with Chocolate Sauce</p>

# MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	20	21	22	23	24	25
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Soup: No Soup Snack: Assorted Snack <hr/> Suzy Q Lunch <hr/> Scrambled Eggs, OR Poached Eggs, Grilled Waffles, Bacon OR Sausage & Fruit Salad	Soup: Cabbage Borscht Snack: Butters tart Square <hr/> Grilled Cheese Sandwich with Bacon and Tomato on your Choice of Bread <hr/> Pulled BBQ Pork & Creamy Coleslaw on a Whole Wheat Kaiser Bun	Soup: Cream of Broccoli & Cheddar Snack: Butters tart Square <hr/> Grilled Cheese Sandwich with Bacon and Tomato on your Choice of Bread <hr/> Bacon Cheddar Pergoies with Bacon Bits, Sour Cream & Fried Onions	Soup: Lentil Snack: Lemon Square <hr/> Chicken Fingers with Fries & Side Gravy <hr/> Chef's Salad w/ Boiled Egg, Grilled Chicken, Cheese Cubes & Croissant	Soup: Tomato Basil Snack: Assorted Cookies <hr/> Club House Sub (Turkey, Lettuce, Tomato, Cheese, Mayo) on Whole Wheat Sub Bun <hr/> Stuffed French Toast with Lemon Cream Cheese, Fruit Sauce & Baked Breakfast Sausage Links	Soup: Chicken Noodle Snack: Assorted Cookies <hr/> Club House Sub (Turkey, Lettuce, Tomato, Cheese, Mayo) on a Whole Wheat Sub Bun <hr/> Fancy Egg Salad with Cucumber & Cream Cheese	Soup: Soup of the Day Snack: Assorted <hr/> Grilled Hotdog with Fried Onions or Fried Sauerkraut & Onion Rings <hr/> Feta, Spinach & Tomato Quiche with Spinach Mandarin Salad (choice of dressing) & Yogurt
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Pot Roast Dinner, Gravy, Mashed Potatoes, Steamed Broccoli & Roasted Beets <hr/> Dessert: Peach Pie with Whipped Cream	Chicken Lasagna OR Spaghetti & Meat Sauce <hr/> Served With: Garlic Toast & Caesar Salad <hr/> Dessert: Assorted Dessert	Meatloaf with Ketchup Sauce OR Roasted Apricot Glazed Pork Tenderloin <hr/> Served With: Cauliflower and Potato Casserole & Steamed Peas <hr/> Dessert: Assorted Desserts	Sweet & Sour Chicken Balls OR Boneless Honey Garlic Spare Ribs <hr/> Served With: Steamed Vegetables, Pork Lumpia & Vegetable Pancit. Fortune Cookie <hr/> Dessert: Coconut Cream Pie	Grilled Boneless Pork Chops OR Swedish Meatballs <hr/> Served With: Gravy, Boiled Potatoes with Dill & Steamed Bistro Vegetable Mix <hr/> Dessert: Fresh Fruit Salad w/ Berries	Battered Haddock Fish OR Beef Stroganoff with Egg Noodles <hr/> Served with: Fries & Steamed Vegetables <hr/> Dessert: Lemon Meringue Pie	Roasted 1/4 Chicken Dinner, Gravy, Scalloped Potatoes, Steamed Honey Glazed Carrots & Steamed Peas <hr/> Ice Cream Cone Fruit of the Week:

# MEALS FOR THE CURRENT WEEK OF APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
<p><b>Lunch</b></p> <p>Soup: No Soup Snack: Assorted Snack</p> <hr/> <p>Suzy Q Lunch</p> <hr/> <p>Scrambled Eggs, OR Poached Eggs, Grilled Waffles, Bacon OR Sausage &amp; Yogurt</p>	<p><b>Lunch</b></p> <p>Soup: Corn Chowder Snack: Plain Donut Holes</p> <hr/> <p>Grilled Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing &amp; Swiss Cheese on Marble Rye</p> <hr/> <p>Grilled Chicken Cordon Bleu Sandwich on French Bread (Ham, Chicken &amp; Swiss Cheese)</p>	<p><b>Lunch</b></p> <p>Soup: Sausage &amp; Bean Snack: Plain Donut Holes</p> <hr/> <p>Grilled Reuben Sandwich w/ Corned Beef, Saurkraut, 1000 Island Dressing &amp; Swiss Cheese on Marble Rye</p> <hr/> <p>Fish Filet Burger w/ Sweet Potato Fries OR Tossed Salad</p>	<p><b>Lunch</b></p> <p>Soup: Hearty Minestrone Snack: Fruit Filled Cookie</p> <hr/> <p>Spinach &amp; Bell Pepper Cheese Omelette, Hashbrown Patty &amp; Grilled Ham</p> <hr/> <p>Grilled Chicken Ceasar Salad (Croutons, Parmesan Cheese) with Garlic Cheese Toast</p>	<p><b>Lunch</b></p> <p>Soup: French Onion Snack: Mini Cream Puffs</p> <hr/> <p>Tuna Melt on French Bread with Cheese &amp; Tomato</p> <hr/> <p>Toasted Whole Wheat Bagel Breakfast Sandwich (Fried Egg, Sausage Patty, Cheese)</p>	<p><b>Lunch</b></p> <p>Soup: Sweet Potato Snack: Mini Cream Puffs</p> <hr/> <p>Tuna Melt on French Bread with Cheese &amp; Tomato</p> <hr/> <p>Bratwurst Sausage on a Bun with Mustard &amp; Sauerkraut</p>	<p><b>Lunch</b></p> <p>Soup: Soup of the Day Snack: Assorted</p> <hr/> <p>BLTC Sandwich (Bacon, Lettuce, Tomato, Cheese) w/ Tossed Salad</p> <hr/> <p>Oatmeal with Peach Slices &amp; Brown Sugar Topping with Yogurt &amp; Raisin Toast</p>
<p><b>Dinner</b></p> <p>Roasted Turkey Dinner, Cranberry Sauce, Stuffing, Gravy, Mashed Potatoes, Steamed Brussels Sprouts &amp; Corn</p> <hr/> <p>Pumpkin Pie with Whipped Cream Fruit of the week:</p>	<p><b>Dinner</b></p> <p>Shrimp Fettucine Alfredo OR Beef Stew</p> <hr/> <p>Served With: Garlic Toast &amp; Caesar Salad</p> <hr/> <p>Dessert: Red Velvet Cake</p>	<p><b>Dinner</b></p> <p>Sweet &amp; Sour Chicken Balls OR Teriyaki Spare Ribs</p> <hr/> <p>Served With: Steamed Vegetables, Vegetable Spring Roll, Vegetable Chow Mein (Noodles) &amp; Fortune Cookie</p> <hr/> <p>Dessert: Assorted Desserts</p>	<p><b>Dinner</b></p> <p>Stuffed Chicken with Apple &amp; Brie Cheese, Cream Gravy, Mashed Potatoes &amp; Steamed Italian Vegetable Mix</p> <hr/> <p>Bread Pudding with Vanilla Ice Cream Fruit of the Week:</p>	<p><b>Dinner</b></p> <p>Cottage Cheese Perogies OR Chicken Pot Pie</p> <hr/> <p>Served with: Cream Sauce, Farmer Sausage &amp; Steamed Kalebanzo Vegetable Mix</p> <hr/> <p>Dessert: Fresh Fruit Salad w/ Grapes</p>	<p><b>Dinner</b></p> <p>Baked Salmon OR Pork Schnitzel</p> <hr/> <p>Served with: Gravy, Boiled Baby Potatoes, Sauteed Green Bean Almondine &amp; Steamed Carrots</p> <hr/> <p>Chocolate &amp; Raspberry Mousse Parfait Fruit of the Week:</p>	<p><b>Dinner</b></p> <p>Roast Beef Dinner, Gravy, Mini Yorkshire Pudding, Mashed Potatoes, Creamed Corn &amp; Peas</p> <hr/> <p>Dessert: Ice Cream Sandwiches</p>

# MEALS FOR THE CURRENT WEEK OF MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7	8	9
<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: No Soup Snack: Assorted Snack</p> <hr/> <p>Suzy Q Lunch</p> <hr/> <p>Scrambeled Eggs, OR Poached Eggs, Grilled Waffles (Syrup), Bacon OR Sausage &amp; Fruit Salad</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Beef Noodle Snack: Morning Glory Muffin</p> <hr/> <p>Grilled Ham &amp; Havarti Sandwich on French Bread</p> <hr/> <p>Pepperoni &amp; Mushroom Pizza OR Vegetarian Pizza w/ Tossed Salad</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Beet Borscht Snack: Morning Glory Muffin</p> <hr/> <p>Grilled Ham &amp; Havarti Sandwich on French Bread</p> <hr/> <p>Beef Chili Poutine with Cheese Sauce &amp; Green Onions</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Vegetable Mushroom Barley Snack: Fig Newton Cookies</p> <hr/> <p>Toasted Denver Sandwich with Cheese (Egg, Green Onion, Ham) on your Choice of Bread</p> <hr/> <p>BBQ Chicken Sandwich with Pickled Cucumber &amp; Carrot on a Baguette Bun</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Cream of Mushroom Snack: Assorted Wafer Cookies</p> <hr/> <p>Grilled Cheese Sandwich with Sauteed Asparagus &amp; Peppers on your Choice of Bread</p> <hr/> <p>Bacon Cheddar Pergoies with Bacon Bits, Sour Cream &amp; Fried Onions</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Italian Wedding Snack: Assorted Wafer Cookies</p> <hr/> <p>Grilled Cheese Sandwich with Sauteed Asparagus &amp; Peppers on your Choice of Bread</p> <hr/> <p>Beef Quesadilla with Salsa &amp; Sour Cream</p>	<p style="text-align: center;"><b>Lunch</b></p> <p>Soup: Soup of the Day Snack: Assorted</p> <hr/> <p>Wally Burger (BBQ Sauce, Mayo, Lettuce, Tomato) with Onion Rings</p> <hr/> <p>Smoked Salmon on a Whole Wheat Bagel with Cream Cheese &amp; Red Onions</p>
<p style="text-align: center;"><b>Dinner</b></p> <p>BBQ Ribs, Baked Potato, Sour Cream, Baked Beans &amp; Steamed Corn on the Cobb</p> <hr/> <p>Dessert: Apple Pie Donut with Whipped Cream</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Chicken Adobo OR Breaded Shrimp with Cocktail Sauce</p> <hr/> <p>Served With: Vegetable Fried Rice &amp; Steamed Stir Fry Mixed Vegetables</p> <hr/> <p>Banana Cream Pie Fruit of the Week:</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Turkey Schnitzel OR Shepherd's Pie</p> <hr/> <p>Served With: Mashed Potatoes, Gravy, Sauteed Green Bean Almondine &amp; Steamed Corn</p> <hr/> <p>Dessert: Assorted Desserts</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Plain Grilled Chicken Breast OR BBQ Grilled Chicken Breast, Macaroni &amp; Cheese, Baked Potato with Sour Cream &amp; Corn on the Cobb</p> <hr/> <p>Dessert: Maple Mania Cake</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Meatloaf with Ketchup Sauce OR Porkloin Chop</p> <hr/> <p>Served with: Apple Gravy, Mashed Potatoes, Steamed Broccoli &amp; Cauliflower</p> <hr/> <p>Dessert: Fresh Fruit Salad w/ Berries</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Lightly Breaded Pickerel OR Chicken Skewers</p> <hr/> <p>Served with: Tartar Sauce, Tatziki Sauce, Roasted Lemon Potatoes &amp; Steamed California Mix</p> <hr/> <p>Dessert: Tapioca Pudding</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Grilled Chicken Parmesan (Salsa &amp; Cheese), Potato &amp; Cauliflower Casserole, Sauteed Peppers &amp; Zucchini</p> <hr/> <p>Carrot Cake Fruit of the Week:</p>